

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

1 - 800m wedstrijd

01/11/2015 - 9:30

Programmanr. 1
01/11/2015 - 9:30

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2014

Rang	Inschr.	Tijd	Pnt
11 jaar			
1. Present Annika	STW/21017/04	11:25.92	11:11.90 397
100m: 1:17.53	300m: 4:05.78	500m: 6:58.41	700m: 9:49.66
200m: 2:41.51	400m: 5:31.88	600m: 8:24.56	800m: 11:11.90
2. Lippens Karo	STW/21016/04	11:32.62	11:20.07 382
100m: 1:20.32	300m: 4:11.45	500m: 7:05.02	700m: 9:57.39
200m: 2:46.13	400m: 5:38.13	600m: 8:31.02	800m: 11:20.07
3. Martens Elisabeth	MEGA/21002/04	NT	11:24.63 375
100m: 1:22.24	300m: 4:16.64	500m: 7:09.96	700m: 10:01.23
200m: 2:49.26	400m: 5:44.26	600m: 8:37.14	800m: 11:24.63
4. Keppens Mare	AZL/20188/04	NT	12:34.77 280
100m: 1:28.44	300m: 4:38.69	500m: 7:51.46	700m: 11:01.96
200m: 3:03.00	400m: 6:16.36	600m: 9:28.04	800m: 12:34.77
5. De Brouwer Marit	AST/21012/04	NT	12:48.07 265
100m: 1:29.54	300m: 4:44.23	500m: 8:00.86	700m: 11:15.73
200m: 3:06.46	400m: 6:21.73	600m: 9:39.04	800m: 12:48.07
6. Neirinck Annelies	FIRST/21029/04	NT	13:17.76 237
100m: 1:33.24	300m: 5:01.45	500m: 8:24.78	700m: 11:44.61
200m: 3:15.30	400m: 6:45.01	600m: 10:03.68	800m: 13:17.76
FF Vandecasteele Sara	FFOZEKA/21028/014:06.16		
12 jaar			
1. Inkaya Dalya	MEGA/21018/0310:41.25		10:29.60 482
100m: 1:14.80	300m: 3:55.16	500m: 6:34.70	700m: 9:13.51
200m: 2:35.36	400m: 5:15.04	600m: 7:54.04	800m: 10:29.60
2. Ruige Flore	STW/21018/03	11:22.98	11:02.36 414
100m: 1:17.11	300m: 4:02.92	500m: 6:50.86	700m: 9:39.36
200m: 2:39.33	400m: 5:26.08	600m: 8:14.80	800m: 11:02.36
3. Keulemans Zsofi	MEGA/21064/03	NT	11:27.29 371
100m: 1:21.86	300m: 4:15.86	500m: 7:10.26	700m: 10:05.23
200m: 2:48.82	400m: 5:44.02	600m: 8:37.57	800m: 11:27.29
4. Moens Joyce	DZO/20356/03	NT	11:29.50 367
100m: 1:20.89	300m: 4:15.27	500m: 7:12.02	700m: 10:06.94
200m: 2:48.07	400m: 5:43.38	600m: 8:39.23	800m: 11:29.50
5. Hermans Emma	OZEKA/21015/011:54.64		12:00.82 321
100m: 1:20.59	300m: 4:21.61	500m: 7:26.56	700m: 10:31.64
200m: 2:50.70	400m: 5:54.20	600m: 8:59.17	800m: 12:00.82
6. Huberty Maren	FIRST/20684/03	NT	12:24.80 291
100m: 1:23.51	200m: 2:56.58	400m: 6:06.25	800m: 12:24.80
13 jaar			
1. Martens Chloë	OZEKA/21002/010:00.90		10:13.04 522
100m: 1:11.23	300m: 3:47.21	500m: 6:23.69	700m: 8:59.10
200m: 2:29.09	400m: 5:05.63	600m: 7:41.38	800m: 10:13.04
2. Mathys Jana	FIRST/20627/0210:52.10		10:38.82 462
100m: 1:16.71	300m: 4:00.97	500m: 6:43.82	700m: 9:24.46
200m: 2:39.24	400m: 5:22.01	600m: 8:04.39	800m: 10:38.82

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

Programmanr. 1, Meisjes, 800m vrije slag, 13 jaar

Rang							Inscr.	Tijd	Pnt
3.	Wulfrancke Erin						MEGA/21057/02 NT	10:43.08	452
	100m:	1:15.84	300m:	4:01.41	500m:	6:47.21	700m:	9:29.47	
	200m:	2:37.84	400m:	5:23.90	600m:	8:08.92	800m:	10:43.08	
4.	Martens Camille						OZEKA/20215/010:28.08	10:47.84	443
	100m:	1:15.29	300m:	3:55.51	500m:	6:40.67	700m:	9:27.05	
	200m:	2:34.57	400m:	5:17.56	600m:	8:04.11	800m:	10:47.84	
5.	De Heyder Lot						MEGA/20771/0211:40.97	10:48.63	441
	100m:	1:17.45	300m:	4:03.72	500m:	6:48.55	700m:	9:31.45	
	200m:	2:41.23	400m:	5:26.32	600m:	8:10.13	800m:	10:48.63	
6.	Serverius Femke						MEGA/20769/02 NT	10:51.70	435
	100m:	1:17.04	300m:	4:03.32	500m:	6:48.95	700m:	9:35.45	
	200m:	2:40.10	400m:	5:26.13	600m:	8:11.92	800m:	10:51.70	
7.	De Baere Pauline						STW/21083/02 11:52.71	11:12.75	395
	100m:	1:18.50	300m:	4:10.82	500m:	7:03.16	700m:	9:52.27	
	200m:	2:43.87	400m:	5:37.27	600m:	8:28.15	800m:	11:12.75	
8.	Van Mingeroet Silken						DZO/21007/02 NT	11:12.88	395
	100m:	1:19.44	300m:	4:11.98	500m:	7:03.36	700m:	9:52.38	
	200m:	2:45.23	400m:	5:37.76	600m:	8:27.97	800m:	11:12.88	
9.	Rots Lore						AST/20128/02 11:35.80	11:22.10	379
	100m:	1:18.82	300m:	4:12.98	500m:	7:06.97	700m:	10:00.09	
	200m:	2:45.66	400m:	5:39.63	600m:	8:33.73	800m:	11:22.10	
10.	Caeijtant Shakira						MEGA/21005/02 NT	11:58.19	325
	100m:	1:22.63	300m:	4:24.92	500m:	7:26.27	800m:	11:58.19	
	200m:	2:53.72	400m:	5:56.49	700m:	10:28.15			

14 jaar

1.	De Moor Jolien						OZEKA/20192/019:36.80	9:49.47	588
	100m:	1:08.29	300m:	3:35.23	500m:	6:05.23	700m:	8:36.49	
	200m:	2:21.67	400m:	4:49.87	600m:	7:21.11	800m:	9:49.47	
2.	Vandenbroucke Bo						MEGA/20701/01 9:42.91	10:19.63	506
	100m:	1:10.98	300m:	3:48.23	500m:	6:25.68	700m:	9:03.39	
	200m:	2:29.59	400m:	5:07.04	600m:	7:44.46	800m:	10:19.63	
3.	Vyncke Laura						FIRST/20576/01 10:29.62	10:24.59	494
	100m:	1:13.97	300m:	3:52.93	500m:	6:32.16	700m:	9:09.60	
	200m:	2:33.43	400m:	5:12.59	600m:	7:51.37	800m:	10:24.59	
4.	De Velder Jolien						FIRST/20638/01 10:15.02	10:34.16	472
	100m:	1:14.39	300m:	3:54.51	500m:	6:36.45	700m:	9:18.64	
	200m:	2:34.04	400m:	5:15.42	600m:	7:57.57	800m:	10:34.16	
5.	Beirens Anna						AZ/21028/01 10:39.73	10:39.67	460
	100m:	1:13.57	300m:	3:53.02	500m:	6:35.26	700m:	9:18.86	
	200m:	2:33.10	400m:	5:13.89	600m:	7:56.80	800m:	10:39.67	
6.	Vermeulen Elise						STW/21061/01 11:06.26	10:48.17	442
	100m:	1:16.89	300m:	4:01.90	500m:	6:45.16	700m:	9:28.69	
	200m:	2:39.31	400m:	5:23.49	600m:	8:06.60	800m:	10:48.17	
7.	De Noble Chloë						FIRST/20574/01 12:15.23	10:57.12	424
	100m:	1:16.85	300m:	4:01.50	500m:	6:47.63	700m:	9:36.77	
	200m:	2:39.42	400m:	5:24.62	600m:	8:12.71	800m:	10:57.12	
8.	Schouppe Fien						AZ/21019/01 11:20.82	11:07.87	404
	100m:	1:16.83	300m:	4:03.58	500m:	6:53.53	700m:	9:44.44	
	200m:	2:39.24	400m:	5:28.67	600m:	8:19.44	800m:	11:07.87	

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

Programmanr. 1, Dames, 800m vrije slag

15 - 16 jaar

1.	Van Hyfte Isaura			MEGA/21043/99	9:26.09	9:38.92	620	
	100m:	1:06.10	300m:	3:30.26	500m:	5:57.70	700m:	8:25.73
	200m:	2:17.42	400m:	4:43.36	600m:	7:11.95	800m:	9:38.92
2.	De Weirdt Lies			STW/21013/99	10:02.60	9:56.96	566	
	100m:	1:11.04	300m:	3:40.87	500m:	6:11.26	700m:	8:43.23
	200m:	2:25.60	400m:	4:56.08	600m:	7:27.07	800m:	9:56.96
3.	Loones Thuline			MEGA/21050/0C	10:40.47	10:16.58	513	
	100m:	1:10.74	300m:	3:45.86	500m:	6:23.52	700m:	9:00.95
	200m:	2:27.70	400m:	5:04.87	600m:	7:42.49	800m:	10:16.58
4.	De Velder Margo			FIRST/20639/99	10:20.73	10:26.84	489	
	100m:	1:13.72	300m:	3:53.35	500m:	6:33.39	700m:	9:12.35
	200m:	2:33.33	400m:	5:13.26	600m:	7:53.41	800m:	10:26.84
5.	Buyse Camille			FIRST/20694/00	10:05.53	10:28.07	486	
	100m:	1:11.60	300m:	3:49.48	500m:	6:30.00	700m:	9:10.36
	200m:	2:30.20	400m:	5:09.80	600m:	7:50.23	800m:	10:28.07
6.	Hoef Clara			MEGA/20637/0C	10:43.54	10:32.64	475	
	100m:	1:14.68	300m:	3:55.71	500m:	6:37.43	700m:	9:17.73
	200m:	2:35.29	400m:	5:17.19	600m:	7:58.63	800m:	10:32.64
7.	De Pue Ine			FIRST/20517/99	10:32.30	10:40.47	458	
	100m:	1:11.17	300m:	3:51.90	500m:	6:36.23	700m:	9:21.72
	200m:	2:31.04	400m:	5:13.48	600m:	7:58.87	800m:	10:40.47
8.	Van Stichel Lidewij			AZL/20179/00	11:00.00	10:51.13	436	
	100m:	1:15.08	300m:	3:56.70	500m:	6:40.68	700m:	9:29.02
	200m:	2:35.64	400m:	5:18.43	600m:	8:04.20	800m:	10:51.13
9.	Neyt Alissia			MEGA/20497/99	10:28.60	10:54.47	429	
	100m:	1:13.73	300m:	3:56.50	500m:	6:42.69	700m:	9:31.08
	200m:	2:34.51	400m:	5:19.33	600m:	8:06.75	800m:	10:54.47
FF	Limpens Amelie			FFMEGA/20563/0C	10:06.85			

17 - 18 jaar

1.	Haegeman Karen			AST/20132/97	9:56.90	10:06.22	540	
	100m:	1:10.21	300m:	3:41.55	500m:	6:15.19	700m:	8:50.06
	200m:	2:25.94	400m:	4:57.97	600m:	7:32.49	800m:	10:06.22
2.	De Noble Naomi			FIRST/20443/98	12:28.26	10:39.04	461	
	100m:	1:15.70	300m:	3:57.11	500m:	6:38.48	700m:	9:20.77
	200m:	2:36.00	400m:	5:17.92	600m:	7:59.36	800m:	10:39.04

Programmanr. 2
01/11/2015 - 11:05

Heren, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2014

Rang	Inschr.	Tijd	Pnt					
11 jaar								
1.	Colman Ruben	DZO/11000/04	NT	11:24.08	288			
	100m:	1:21.52	300m:	4:16.20	500m:	7:10.39	700m:	10:03.42
	200m:	2:47.96	400m:	5:43.68	600m:	8:37.65	800m:	11:24.08
2.	Weyts Milan	STW/11010/04	NT	11:35.81	274			
	100m:	1:18.64	300m:	4:14.99	500m:	7:12.76	700m:	10:10.17
	200m:	2:46.22	400m:	5:43.74	600m:	8:41.67	800m:	11:35.81
3.	Colman Arjen	DZO/11001/04	NT	11:50.40	257			
	100m:	1:21.76	300m:	4:20.32	500m:	7:22.95	700m:	10:23.66
	200m:	2:50.39	400m:	5:51.51	600m:	8:53.57	800m:	11:50.40

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

Programmanr. 2, Jongens, 800m vrije slag, 11 jaar

Rang								Inschr.	Tijd	Pnt	
4.	Hillaert Tibo							FIRST/11026/04	NT	12:20.07	228
	100m:	1:23.54	300m:	4:30.29	500m:	7:41.45	700m:	10:51.20			
	200m:	2:55.92	400m:	6:06.29	600m:	9:16.39	800m:	12:20.07			
5.	Vermeire Yorben							FIRST/11036/04	NT	12:38.73	211
	100m:	1:26.37	300m:	4:37.77	500m:	7:52.72	700m:	11:07.27			
	200m:	3:01.91	400m:	6:16.23	600m:	9:30.49	800m:	12:38.73			
6.	Alami Noah							AZL/11004/04	NT	12:53.74	199
	100m:	1:26.70	300m:	4:41.60	500m:	7:59.16	700m:	11:17.34			
	200m:	3:03.57	400m:	6:20.61	600m:	9:39.47	800m:	12:53.74			
FF	Claeys Oscar							FFAZ/11025/04	NT		

12 jaar

1.	Vlamijnck Robin							AZ/11009/03	11:54.89	10:38.24	355
	100m:	1:16.56	300m:	3:58.35	500m:	6:40.24	700m:	9:21.09			
	200m:	2:36.83	400m:	5:18.89	600m:	8:00.76	800m:	10:38.24			
2.	Spleers Mauro							FIRST/10701/03	NT	10:46.01	342
	100m:	1:15.49	300m:	4:01.47	500m:	6:48.78	700m:	9:31.95			
	200m:	2:37.85	400m:	5:24.70	600m:	8:10.98	800m:	10:46.01			
3.	Vandepitte Alexander							MEGA/10784/03	NT	10:55.36	328
	100m:	1:14.86	300m:	4:01.92	500m:	6:48.70	700m:	9:34.39			
	200m:	2:38.10	400m:	5:25.57	600m:	8:12.29	800m:	10:55.36			
4.	Lust Henri							AZ/11007/03	11:27.82	11:07.80	310
	100m:	1:21.58	300m:	4:12.05	500m:	6:59.85	700m:	9:48.14			
	200m:	2:47.70	400m:	5:36.71	600m:	8:23.58	800m:	11:07.80			
5.	De Dobbelaere Raf							MEGA/11054/03	NT	11:10.03	307
	100m:	1:20.05	300m:	4:10.30	500m:	6:59.39	700m:	9:49.18			
	200m:	2:44.94	400m:	5:34.54	600m:	8:24.90	800m:	11:10.03			
6.	Verstraeten Gihao							OZEKA/11017/01	12:11.33	11:28.32	283
	100m:	1:18.23	300m:	4:13.02	500m:	7:08.26	700m:	10:03.51			
	200m:	2:45.26	400m:	5:40.57	600m:	8:36.07	800m:	11:28.32			

13 jaar

1.	Van Synghel Noah							OZEKA/10214/02	29:22.31	9:24.09	514
	100m:	1:06.01	300m:	3:29.21	500m:	5:53.42	700m:	8:15.46			
	200m:	2:17.40	400m:	4:41.13	600m:	7:04.28	800m:	9:24.09			
2.	Herregodts Siebe							ZNA/10536/02	9:53.91	9:45.29	460
	100m:	1:07.86	300m:	3:34.54	500m:	6:03.00	700m:	8:33.16			
	200m:	2:20.32	400m:	4:48.73	600m:	7:18.20	800m:	9:45.29			
3.	Van Horen Senne							ZNA/10585/02	10:29.47	9:52.25	444
	100m:	1:09.67	300m:	3:40.42	500m:	6:12.25	700m:	8:42.39			
	200m:	2:24.51	400m:	4:56.55	600m:	7:27.79	800m:	9:52.25			
4.	Leroux Jef							MEGA/10779/02	11:30.36	10:08.30	410
	100m:	1:12.66	300m:	3:46.81	500m:	6:21.17	700m:	8:54.14			
	200m:	2:29.83	400m:	5:03.76	600m:	7:37.41	800m:	10:08.30			
5.	Claeys Arthur							AZ/11024/02	10:29.26	10:17.14	393
	100m:	1:12.81	300m:	3:46.56	500m:	6:22.61	700m:	8:59.63			
	200m:	2:28.97	400m:	5:04.58	600m:	7:41.17	800m:	10:17.14			
6.	Van Baevegem Viktor							MEGA/11012/02	NT	10:40.20	352
	100m:	1:14.00	300m:	3:57.20	500m:	6:41.58	700m:	9:23.42			
	200m:	2:35.26	400m:	5:20.00	600m:	8:03.20	800m:	10:40.20			
7.	Beirnaert Brecht							STW/11080/02	NT	11:05.95	312
	100m:	1:16.48	300m:	4:06.59	500m:	6:58.54	700m:	9:47.14			
	200m:	2:40.87	400m:	5:32.63	600m:	8:22.96	800m:	11:05.95			

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

Programmanr. 2, Jongens, 800m vrije slag, 13 jaar

Rang						Inschr.	Tijd	Pnt
8.	Mattheeuws Kasper					AZ/11030/02	11:52.44	291
	100m:	1:23.33	300m:	4:14.82	500m:	7:08.21	700m: 9:59.80	
	200m:	2:49.88	400m:	5:42.94	600m:	8:33.27	800m: 11:21.65	
9.	Gobert Sam					MEGA/11004/02	NT	285
	100m:	1:17.58	300m:	4:11.34	500m:	7:03.83	700m: 10:01.70	
	200m:	2:44.51	400m:	5:37.77	600m:	8:31.83	800m: 11:26.83	
10.	Hollevoet Robbe					STW/11103/02	NT	279
	100m:	1:22.92	300m:	4:18.58	500m:	7:11.14	700m: 10:06.58	
	200m:	2:49.24	400m:	5:45.44	600m:	8:38.90	800m: 11:31.38	
11.	Orban Olivier					STW/11076/02	NT	271
	100m:	1:18.32	300m:	4:15.22	500m:	7:15.84	700m: 10:16.03	
	200m:	2:45.47	400m:	5:45.35	600m:	8:46.75	800m: 11:38.16	

14 jaar

1.	Herteleer Jonas					MEGA/10669/01	9:56.94	463
	100m:	1:09.20	300m:	3:34.96	500m:	6:02.87	700m: 8:32.84	
	200m:	2:21.71	400m:	4:48.29	600m:	7:12.10	800m: 9:44.36	
2.	Vlamijnck Jonas					AZ/11008/01	9:49.75	454
	100m:	1:10.42	300m:	3:39.21	500m:	6:09.29	700m: 8:37.25	
	200m:	2:24.46	400m:	4:54.08	600m:	7:23.91	800m: 9:48.25	
3.	Van Den Bosch Stijn					MEGA/10696/01	10:09.81	441
	100m:	1:08.73	300m:	3:38.97	500m:	6:10.82	700m: 8:41.41	
	200m:	2:22.64	400m:	4:54.77	600m:	7:25.31	800m: 9:53.96	
4.	Van Stichel Balder					AZL/10164/01	10:25.00	440
	100m:	1:09.24	300m:	3:40.48	500m:	6:11.98	700m: 8:42.26	
	200m:	2:24.37	400m:	4:56.54	600m:	7:27.93	800m: 9:54.07	
5.	Maximus Xaino					MEGA/10617/01	10:53.14	401
	100m:	1:11.59	300m:	3:45.23	500m:	6:20.18	700m: 8:56.58	
	200m:	2:27.83	400m:	5:03.22	600m:	7:38.18	800m: 10:12.92	
6.	Vandepitte Jonas					MEGA/10712/01	10:34.00	385
	100m:	1:12.34	300m:	3:49.33	500m:	6:27.22	700m: 9:03.95	
	200m:	2:30.53	400m:	5:08.48	600m:	7:45.90	800m: 10:21.00	
7.	Bogaert Ciaran					ZNA/10546/01	NT	316
	100m:	1:15.39	300m:	4:04.60	500m:	6:57.24	700m: 9:43.59	
	200m:	2:39.60	400m:	5:31.20	600m:	8:21.26	800m: 11:03.22	
8.	Serverius Jordi					MEGA/11011/01	NT	286
	100m:	1:16.56	300m:	4:07.86	500m:	7:04.33	700m: 10:01.21	
	200m:	2:40.32	400m:	5:36.78	600m:	8:32.48	800m: 11:26.06	

15 - 16 jaar

1.	Martens Noah					OZEKA/11001/00	8:53.35	607
	100m:	1:02.69	300m:	3:17.97	500m:	5:33.90	700m: 7:48.49	
	200m:	2:09.93	400m:	4:26.27	600m:	6:41.84	800m: 8:53.72	
2.	Van Lierde Thomas					ZNA/10440/99	9:17.55	559
	100m:	1:04.89	300m:	3:23.13	500m:	5:42.94	700m: 8:03.15	
	200m:	2:14.02	400m:	4:33.17	600m:	6:53.14	800m: 9:08.83	
3.	Decuyper Brecht					MEGA/10670/00	9:36.81	558
	100m:	1:04.84	300m:	3:24.97	500m:	5:44.72	700m: 8:03.61	
	200m:	2:14.72	400m:	4:35.17	600m:	6:54.55	800m: 9:09.13	
4.	Wittevrongel Jorik					MEGA/10488/99	8:58.37	558
	100m:	1:05.48	300m:	3:22.23	500m:	5:41.36	700m: 8:01.54	
	200m:	2:13.80	400m:	4:31.14	600m:	6:51.67	800m: 9:09.17	

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

Programmanr. 2, Jongens, 800m vrije slag, 15 - 16 jaar

Rang						Inschr.	Tijd	Pnt
5.	Haegeman Jonas					AST/10133/99	9:05.09	533
	100m:	1:05.44	300m:	3:24.32	500m:	5:44.88	700m:	8:09.15
	200m:	2:14.29	400m:	4:34.75	600m:	6:56.53	800m:	9:17.55
6.	Bark Luca					AST/10129/00	10:22.97	502
	100m:	1:03.81	300m:	3:26.85	500m:	5:55.09	700m:	8:20.09
	200m:	2:14.53	400m:	4:40.39	600m:	7:08.49	800m:	9:28.53
7.	Van Synghele Mathis					OZEKA/10182/009	9:42.87	477
	100m:	1:07.29	300m:	3:32.67	500m:	6:39.99	700m:	8:27.23
	200m:	2:19.62	400m:	4:46.12	600m:	7:14.01	800m:	9:38.37
8.	De Rooze Rob					OZEKA/11011/010	10:39.50	403
	100m:	1:09.89	300m:	3:44.73	500m:	6:21.45	700m:	8:57.36
	200m:	2:26.48	400m:	5:03.36	600m:	7:39.64	800m:	10:11.86
9.	Nelis Lander					MEGA/10727/00	NT	373
	100m:	1:13.38	300m:	3:53.24	500m:	6:33.62	700m:	9:10.81
	200m:	2:33.07	400m:	5:13.80	600m:	7:53.14	800m:	10:27.96
10.	Hameryckx Marcos					ZNA/10505/00	NT	339
	100m:	1:16.30	300m:	4:01.89	500m:	6:49.30	700m:	9:33.70
	200m:	2:37.89	400m:	5:24.74	600m:	8:11.51	800m:	10:48.11
FF	Sonnaert Lars					FFSTW/11020/99	9:11.94	

17 - 18 jaar

1.	Loones Matthias					MEGA/11031/97	8:38.54	628
	100m:	1:02.32	300m:	3:14.07	500m:	5:27.45	700m:	7:42.26
	200m:	2:08.10	400m:	4:20.64	600m:	6:34.86	800m:	8:47.86
2.	Beirnaert Jonas					STW/11005/97	8:55.07	588
	100m:	1:01.17	300m:	3:14.64	500m:	5:29.29	700m:	7:49.48
	200m:	2:07.64	400m:	4:21.61	600m:	6:38.14	800m:	8:59.63
3.	Van Vooren Jelle					MEGA/10482/98	9:09.97	576
	100m:	1:04.70	300m:	3:22.32	500m:	5:39.45	700m:	7:55.92
	200m:	2:13.36	400m:	4:31.02	600m:	6:47.42	800m:	9:03.13
4.	Vandepitte Mathias					MEGA/10549/98	9:48.95	454
	100m:	1:07.89	300m:	3:35.86	500m:	6:05.13	700m:	8:34.54
	200m:	2:21.86	400m:	4:50.80	600m:	7:19.60	800m:	9:47.98
5.	Swaelens Colin					AST/11003/97	NT	431
	100m:	1:07.81	300m:	3:37.40	500m:	6:10.78	700m:	8:44.65
	200m:	2:22.59	400m:	4:54.05	600m:	7:27.95	800m:	9:58.33

19 jaar en ouder

1.	Spanhove Lars					MEGA/10255/96	8:44.31	600
	100m:	1:04.11	300m:	3:18.15	500m:	5:33.24	700m:	7:49.74
	200m:	2:10.83	400m:	4:26.12	600m:	6:41.82	800m:	8:55.82
2.	De Mynck Noah					MEGA/10299/96	8:51.37	581
	100m:	1:03.68	300m:	3:19.46	500m:	5:37.08	700m:	7:54.55
	200m:	2:11.08	400m:	4:28.15	600m:	6:45.80	800m:	9:01.58
3.	De Vriendt Karel					MEGA/10091/94	8:54.89	558
	100m:	1:04.60	300m:	3:21.98	500m:	5:41.15	700m:	8:01.49
	200m:	2:12.89	400m:	4:31.46	600m:	6:51.14	800m:	9:09.07

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

2 - 1500m wedstrijd

01/11/2015 - 14:00

Programmanr. 3
01/11/2015 - 14:00

Dames, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2014

Rang	Inschr.	Tijd	Pnt
12 jaar			
dis	Van Cauwenberghe Lisa <i>SW 4.4 - valse start</i>	di:FIRST/20660/03	NT
13 jaar			
1.	De Carne Lara	FIRST/20644/02	NT 20:03.63 471
	100m: 1:16.40 400m: 5:20.55 700m: 9:24.68 1000m: 13:27.96 1300m: 17:29.30		
	200m: 2:37.36 500m: 6:42.21 800m: 10:45.90 1100m: 14:48.40 1400m: 18:48.18		
	300m: 3:58.74 600m: 8:03.24 900m: 12:06.68 1200m: 16:09.08 1500m: 20:03.63		
2.	Talloe Charlot	FIRST/20609/02	NT 20:08.58 465
	100m: 1:12.64 400m: 5:11.42 700m: 9:15.80 1000m: 13:20.42 1300m: 17:27.51		
	200m: 2:31.58 500m: 6:32.64 800m: 10:36.77 1100m: 14:42.61 1400m: 18:50.04		
	300m: 3:50.86 600m: 7:54.45 900m: 11:58.39 1200m: 16:04.86 1500m: 20:08.58		
3.	Van Pelt Marie	ZNA/20588/02	21:36.52 20:23.50 448
	100m: 1:16.37 400m: 5:20.56 700m: 9:26.06 1000m: 13:34.12 1300m: 17:43.72		
	200m: 2:37.09 500m: 6:42.12 800m: 10:47.97 1100m: 14:57.81 1400m: 19:05.06		
	300m: 3:58.56 600m: 8:03.93 900m: 12:10.90 1200m: 16:20.72 1500m: 20:23.50		
4.	Vanden Noortgate Iona	FIRST/20661/02	NT 22:01.72 355
	100m: 1:21.03 400m: 5:47.46 700m: 10:14.46 1000m: 14:44.84 1300m: 19:12.57		
	200m: 2:49.09 500m: 7:14.74 800m: 11:45.07 1100m: 16:16.03 1400m: 20:40.90		
	300m: 4:19.49 600m: 8:44.17 900m: 13:15.53 1200m: 17:44.14 1500m: 22:01.72		
5.	Rossel Jana	ZNA/20542/02	NT 22:04.84 353
	100m: 1:19.75 400m: 5:36.12 700m: 10:01.53 1000m: 14:33.06 1300m: 19:07.53		
	200m: 2:44.40 500m: 7:03.56 800m: 11:31.50 1100m: 16:04.09 1400m: 20:39.09		
	300m: 4:09.90 600m: 8:31.53 900m: 13:02.25 1200m: 17:35.62 1500m: 22:04.84		
15 - 16 jaar			
1.	Ponteur Ellen	MEGA/20459/99	17:56.10 18:30.22 600
	100m: 1:10.97 400m: 4:54.09 700m: 8:33.51 1000m: 12:17.37 1300m: 16:02.28		
	200m: 2:25.32 500m: 6:07.88 800m: 9:47.90 1100m: 13:31.90 1400m: 17:17.82		
	300m: 3:39.99 600m: 7:20.60 900m: 11:02.66 1200m: 14:46.99 1500m: 18:30.22		
2.	Van Heghe Margot	FIRST/20508/99	NT 19:39.76 500
	100m: 1:11.63 400m: 5:06.05 700m: 9:04.38 1000m: 13:04.12 1300m: 17:03.08		
	200m: 2:29.72 500m: 6:25.40 800m: 10:24.33 1100m: 14:23.22 1400m: 18:22.22		
	300m: 3:47.52 600m: 7:45.19 900m: 11:44.54 1200m: 15:43.37 1500m: 19:39.76		
3.	Keppens Lauren	AZL/20149/00	20:03.78 20:42.07 428
	100m: 1:20.14 400m: 5:29.13 700m: 9:38.16 1000m: 13:48.63 1300m: 18:01.25		
	200m: 2:43.09 500m: 6:51.94 800m: 11:00.21 1100m: 15:12.10 1400m: 19:23.65		
	300m: 4:06.37 600m: 8:15.42 900m: 12:23.72 1200m: 16:37.67 1500m: 20:42.07		
17 - 18 jaar			
1.	De Baere Marie-Claire	STW/21012/97	NT 18:36.26 590
	100m: 1:10.13 400m: 4:54.95 700m: 8:39.23 1000m: 12:23.48 1300m: 16:08.26		
	200m: 2:24.64 500m: 6:09.36 800m: 9:54.54 1100m: 13:38.23 1400m: 17:23.89		
	300m: 3:39.80 600m: 7:24.32 900m: 11:09.04 1200m: 14:53.10 1500m: 18:36.26		
2.	Haegeman Karen	AST/20132/97	NT 19:17.18 530
	100m: 1:11.84 400m: 5:03.19 700m: 8:54.48 1000m: 12:48.59 1300m: 16:43.47		
	200m: 2:29.56 500m: 6:20.12 800m: 10:12.81 1100m: 14:06.68 1400m: 18:01.65		
	300m: 3:47.09 600m: 7:37.83 900m: 11:30.69 1200m: 15:24.82 1500m: 19:17.18		

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

Programmanr. 3, Dames, 1500m vrije slag

19 jaar en ouder

1. Hofman Karlien	TSZ/20179/93	17:31.71	18:44.42	577
100m: 1:10.51	400m: 4:54.51	700m: 8:38.92	1000m: 12:27.57	1300m: 16:15.02
200m: 2:24.39	500m: 6:08.80	800m: 9:55.10	1100m: 13:43.86	1400m: 17:30.67
300m: 3:39.67	600m: 7:23.45	900m: 11:11.16	1200m: 14:59.00	1500m: 18:44.42

Programmanr. 4
01/11/2015 - 15:00

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2014

Rang	Inschr.	Tijd	Pnt
12 jaar			
1. Hebb Xander	STW/11007/03	20:06.06	19:36.78 405
100m: 1:13.02	400m: 5:10.99	700m: 9:11.58	1000m: 13:08.64
200m: 2:32.30	500m: 6:32.18	800m: 10:30.18	1100m: 14:27.43
300m: 3:51.33	600m: 7:52.11	900m: 11:49.33	1200m: 15:46.46
2. David Loeka	MEGA/10733/03	21:50.43	19:37.97 404
100m: 1:14.58	400m: 5:14.19	700m: 9:14.22	1000m: 13:12.40
200m: 2:34.00	500m: 6:33.69	800m: 10:33.47	1100m: 14:32.00
300m: 3:53.69	600m: 7:53.72	900m: 11:53.37	1200m: 15:50.97
3. Vyvey Rizuan	AZL/10168/03	NT	22:40.34 262
100m: 1:26.35	400m: 6:07.80	700m: 10:47.58	1000m: 15:22.09
200m: 3:00.01	500m: 7:41.27	800m: 12:20.45	1100m: 16:54.20
300m: 4:33.88	600m: 9:14.95	900m: 13:51.66	1200m: 18:24.40

13 jaar

1. Van Horen Senne	ZNA/10585/02	19:31.62	18:38.68 472
100m: 1:09.43	400m: 4:55.09	700m: 8:41.68	1000m: 12:27.25
200m: 2:24.75	500m: 6:10.75	800m: 9:57.28	1100m: 13:41.84
300m: 3:40.06	600m: 7:26.81	900m: 11:12.37	1200m: 14:56.53
2. Herregodts Siebe	ZNA/10536/02	18:32.75	18:43.14 466
100m: 1:09.04	400m: 4:54.56	700m: 8:42.31	1000m: 12:30.93
200m: 2:24.06	500m: 6:10.43	800m: 9:58.56	1100m: 13:46.93
300m: 3:39.31	600m: 7:26.56	900m: 11:14.46	1200m: 15:02.46
3. Weyts Yaron	STW/11011/02	19:26.20	18:44.19 465
100m: 1:10.75	400m: 4:57.20	700m: 8:43.07	1000m: 12:29.50
200m: 2:26.01	500m: 6:13.07	800m: 9:58.75	1100m: 13:44.61
300m: 3:41.43	600m: 7:28.14	900m: 11:13.79	1200m: 15:00.00
4. Dujardin Guillaume	MEGA/10778/02	19:15.12	19:00.26 445
100m: 1:09.48	400m: 4:56.10	700m: 8:45.92	1000m: 12:37.67
200m: 2:25.02	500m: 6:12.51	800m: 10:03.02	1100m: 13:54.76
300m: 3:40.10	600m: 7:29.16	900m: 11:20.42	1200m: 15:12.04
5. Van Mieghem Alexander	MEGA/11013/02	NT	20:04.00 378
100m: 1:16.50	400m: 5:22.67	700m: 9:27.58	1000m: 13:30.09
200m: 2:38.96	500m: 6:43.58	800m: 10:48.04	1100m: 14:51.16
300m: 4:01.53	600m: 8:05.47	900m: 12:10.00	1200m: 16:10.89
6. Christiaens Gilles	AZL/11018/02	22:29.19	21:23.86 312
100m: 1:19.28	400m: 5:38.18	700m: 9:57.18	1000m: 14:17.28
200m: 2:45.06	500m: 7:04.36	800m: 11:23.71	1100m: 15:44.42
300m: 4:11.71	600m: 8:30.86	900m: 12:50.46	1200m: 17:10.56

Provinciaal kampioenschap Oost-Vlaanderen in samenwerking met ZNA
Aalst, 1/11/2015

Programmanr. 4, Heren, 1500m vrije slag

14 jaar

1.	Herman Cian	FIRST/11050/01	18:30.96	18:08.75	512
	100m: 1:07.71	400m: 4:45.02	700m: 8:22.27	1000m: 12:00.08	1300m: 15:42.52
	200m: 2:20.21	500m: 5:57.52	800m: 9:34.68	1100m: 13:13.30	1500m: 18:08.75
	300m: 3:32.96	600m: 7:10.14	900m: 10:46.71	1200m: 14:27.68	
2.	D'hollander Jens	DZO/10318/01	18:26.28	19:13.42	430
	100m: 1:09.26	400m: 4:58.17	700m: 8:52.86	1000m: 12:44.48	1300m: 16:37.77
	200m: 2:24.89	500m: 6:15.92	800m: 10:11.04	1100m: 14:01.23	1400m: 17:54.86
	300m: 3:41.14	600m: 7:33.92	900m: 11:27.51	1200m: 15:18.86	1500m: 19:13.42
3.	De Saegher Ruben	STW/11090/01	19:29.75	19:22.86	420
	100m: 1:12.98	400m: 5:06.80	700m: 8:58.63	1000m: 12:53.56	1300m: 16:48.88
	200m: 2:30.20	500m: 6:23.90	800m: 10:16.76	1100m: 14:12.14	1400m: 18:06.98
	300m: 3:48.34	600m: 7:42.19	900m: 11:35.03	1200m: 15:30.31	1500m: 19:22.86
4.	Vekemans Aaron	DZO/10351/01	NT	20:09.41	373
	100m: 1:11.94	400m: 5:13.97	700m: 9:18.79	1000m: 13:25.35	1300m: 17:30.47
	200m: 2:31.54	500m: 6:34.94	800m: 10:40.54	1100m: 14:46.54	1400m: 18:50.97
	300m: 3:52.82	600m: 7:56.91	900m: 12:02.13	1200m: 16:08.75	1500m: 20:09.41

15 - 16 jaar

1.	De Hauwere Arend	MEGA/10717/99	16:45.39	17:08.14	608
	100m: 1:04.54	400m: 4:31.58	700m: 7:56.67	1000m: 11:23.92	1300m: 14:52.83
	200m: 2:14.04	500m: 5:39.23	800m: 9:06.17	1100m: 12:32.92	1400m: 16:02.45
	300m: 3:22.64	600m: 6:47.95	900m: 10:14.80	1200m: 13:42.54	1500m: 17:08.14
2.	Haegeman Jonas	AST/10133/99	17:11.38	17:47.99	542
	100m: 1:04.57	400m: 4:34.50	700m: 8:13.65	1000m: 11:54.58	1300m: 15:31.60
	200m: 2:14.35	500m: 5:46.61	800m: 9:27.52	1100m: 13:06.26	1400m: 16:43.02
	300m: 3:23.36	600m: 6:59.56	900m: 10:42.46	1200m: 14:18.35	1500m: 17:47.99
3.	Engels Aaron	STW/11006/99	17:56.51	17:50.55	538
	100m: 1:04.89	400m: 4:41.94	700m: 8:20.86	1000m: 11:57.55	1300m: 15:31.43
	200m: 2:16.23	500m: 5:54.77	800m: 9:33.05	1100m: 13:09.62	1400m: 16:42.97
	300m: 3:29.04	600m: 7:08.34	900m: 10:45.26	1200m: 14:20.36	1500m: 17:50.55
4.	Heuninck Maarten	FIRST/10688/00	NT	17:54.70	532
	100m: 1:06.60	400m: 4:41.26	700m: 8:18.29	1000m: 11:54.26	1300m: 15:31.13
	200m: 2:18.76	500m: 5:53.76	800m: 9:30.02	1100m: 13:06.80	1400m: 16:42.07
	300m: 3:30.00	600m: 7:06.67	900m: 10:41.89	1200m: 14:19.13	1500m: 17:54.70
5.	Blom Dieter	FIRST/10622/00	18:02.54	18:25.87	488
	100m: 1:05.62	400m: 4:44.00	700m: 8:25.59	1000m: 12:10.53	1300m: 15:57.62
	200m: 2:18.09	500m: 5:57.40	800m: 9:40.53	1100m: 13:26.84	1400m: 17:13.31
	300m: 3:30.81	600m: 7:11.25	900m: 10:55.34	1200m: 14:41.97	1500m: 18:25.87
6.	Heuninck Stijn	FIRST/10687/00	NT	18:41.58	468
	100m: 1:11.40	400m: 5:00.72	700m: 8:48.62	1000m: 12:36.33	1300m: 16:18.37
	200m: 2:28.25	500m: 6:16.40	800m: 10:04.69	1100m: 13:49.83	1400m: 17:33.05
	300m: 3:44.47	600m: 7:32.05	900m: 11:20.44	1200m: 15:03.58	1500m: 18:41.58
7.	Tondat Kevin	FIRST/10568/00	NT	19:08.81	435
	100m: 1:11.86	400m: 5:01.86	700m: 8:52.70	1000m: 12:43.77	1300m: 16:36.33
	200m: 2:28.45	500m: 6:18.77	800m: 10:09.67	1100m: 14:01.61	1400m: 17:51.48
	300m: 3:45.48	600m: 7:35.30	900m: 11:26.86	1200m: 15:17.98	1500m: 19:08.81
8.	Rots Jasper	AST/10113/99	19:38.06	19:59.29	383
	100m: 1:16.00	400m: 5:17.13	700m: 9:19.51	1000m: 13:23.07	1300m: 17:24.26
	200m: 2:36.20	500m: 6:37.54	800m: 10:40.57	1100m: 14:44.16	1400m: 18:44.96
	300m: 3:56.64	600m: 7:58.16	900m: 12:02.13	1200m: 16:04.16	1500m: 19:59.29

FF Rots Simon FFAST/10112/00 18:38.49

Programmanr. 4, Heren, 1500m vrije slag

17 - 18 jaar

1. Burm Sietse				DZO/10272/98	NT	18:40.73	469		
100m:	1:06.73	400m:	4:51.39	700m:	8:36.32	1000m:	12:23.13	1300m:	16:10.39
200m:	2:21.82	500m:	6:06.42	800m:	9:51.95	1100m:	13:39.02	1400m:	17:26.54
300m:	3:36.92	600m:	7:21.26	900m:	11:07.64	1200m:	14:55.26	1500m:	18:40.73