

1 - 800m wedstrijd

30/10/2016 - 9:30

Programmanr. 1
30/10/2016 - 9:30

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten:

Rang					Inschr.	Tijd	Pnt
11 jaar							
1.	Van Outryve d'Ydewalle Assunta				AZ/21062/05	NT	12:54.78
	100m: 1:29.78	300m: 4:43.17	500m: 7:59.71	700m: 11:17.88			
	200m: 3:06.33	400m: 6:20.47	600m: 9:38.35	800m: 12:54.78			
2.	Raemdonck Benthe-Marie				FIRST/21063/05	NT	13:07.47
	100m: 1:28.55	300m: 4:48.66	500m: 8:14.41	700m: 11:35.37			
	200m: 3:08.34	400m: 6:30.69	600m: 9:54.94	800m: 13:07.47			
12 jaar							
1.	Lippens Karo				STW/21016/04	10:47.42	10:41.02
	100m: 1:15.30	300m: 3:57.84	500m: 6:41.43	700m: 9:23.65			
	200m: 2:36.49	400m: 5:19.10	600m: 8:02.64	800m: 10:41.02			
2.	Present Annika				STW/21017/04	10:31.74	10:42.51
	100m: 1:13.98	300m: 3:56.04	500m: 6:39.66	700m: 9:23.72			
	200m: 2:34.70	400m: 5:17.96	600m: 8:02.32	800m: 10:42.51			
3.	Cornelis Enid				AZL/20183/04	NT	11:37.44
	100m: 1:20.34	300m: 4:16.12	500m: 7:15.02	700m: 10:12.44			
	200m: 2:47.13	400m: 5:45.21	600m: 8:43.33	800m: 11:37.44			
4.	Keppens Mare				AZL/20188/04	12:34.77	11:40.27
	100m: 1:22.05	300m: 4:20.37	500m: 7:19.05	700m: 10:15.58			
	200m: 2:51.58	400m: 5:49.16	600m: 8:48.32	800m: 11:40.27			
5.	Maes Nora				SWEM/20166/04	NT	12:10.50
	100m: 1:23.45	300m: 4:30.92	500m: 7:37.82	700m: 10:43.86			
	200m: 2:57.36	400m: 6:04.72	600m: 9:10.07	800m: 12:10.50			
6.	Neirinck Annelies				FIRST/21029/04	13:17.76	12:23.63
	100m: 1:26.41	300m: 4:32.63	500m: 7:39.38	700m: 10:49.95			
	200m: 2:56.91	400m: 6:05.06	600m: 9:13.16	800m: 12:23.63			
7.	Fonteyne Elodie				AZ21061/04	NT	13:22.68
	100m: 1:27.53	300m: 4:51.53	500m: 8:15.41	700m: 11:39.47			
	200m: 3:09.15	400m: 6:33.41	600m: 9:57.56	800m: 13:22.68			
13 jaar							
1.	Inkaya Dalya				MEGA/21018/03	9:41.10	9:49.64
	100m: 1:12.01	300m: 3:39.13	500m: 6:08.62	700m: 8:38.26			
	200m: 2:25.58	400m: 4:53.52	600m: 7:23.79	800m: 9:49.64			
2.	Ruige Flore				STW/21018/03	10:37.19	10:26.52
	100m: 1:15.99	300m: 3:53.73	500m: 6:29.94	700m: 9:07.94			
	200m: 2:35.19	400m: 5:12.30	600m: 7:48.66	800m: 10:26.52			
3.	Sypre Lotte				MEGA/20808/03	NT	11:10.52
	100m: 1:20.34	300m: 4:08.80	500m: 6:58.34	700m: 9:48.48			
	200m: 2:44.80	400m: 5:33.51	600m: 8:23.41	800m: 11:10.52			
4.	Huberty Maren				FIRST/20684/03	12:24.80	11:44.38
	100m: 1:19.21	300m: 4:17.97	500m: 7:17.48	700m: 10:16.66			
	200m: 2:48.42	400m: 5:47.67	600m: 8:46.77	800m: 11:44.38			
5.	Baert Kiara				MEGA/20770/03	NT	12:23.80
	100m: 1:30.03	300m: 4:39.72	500m: 7:47.96	700m: 10:54.63			
	200m: 3:04.92	400m: 6:13.98	600m: 9:20.94	800m: 12:23.80			
NG	Werrebrouck Nyah				N(MEGA/21022/03	NT	

Programmanr. 1, Dames, 800m vrije slag

14 jaar

1.	Van Pelt Marie			ZNA/20588/02	10:47.97	10:13.18	
	100m:	1:11.22	300m:	3:45.77	500m:	6:22.00	
	200m:	2:28.68	400m:	5:03.68	600m:	7:40.43	
				700m:	8:58.30	800m:	10:13.18
2.	Mathys Jana			FIRST/20627/02	10:38.82	10:30.00	
	100m:	1:14.53	300m:	3:53.47	500m:	6:33.25	
	200m:	2:34.14	400m:	5:12.81	600m:	7:53.56	
				700m:	9:14.03	800m:	10:30.00
3.	De Baere Pauline			STW/21083/02	10:58.84	10:35.62	
	100m:	1:14.59	300m:	3:54.72	500m:	6:35.91	
	200m:	2:33.97	400m:	5:15.32	600m:	7:57.21	
				700m:	9:17.29	800m:	10:35.62
4.	Rossel Jana			ZNA/20542/02	11:31.50	11:01.77	
	100m:	1:12.12	300m:	3:52.94	500m:	6:41.00	
	200m:	2:31.32	400m:	5:16.50	600m:	8:07.38	
				700m:	9:36.60	800m:	11:01.77

NG Moeneclaey Amber NKMEGA/21010/0213:13.73

15 - 16 jaar

1.	Depraeter Leonie			MEGA/21116/0C	10:20.51	10:00.12		
	100m:	1:11.24	300m:	3:41.81	500m:	6:15.34		
	200m:	2:27.59	400m:	4:59.70	600m:	7:30.74		
				700m:	8:45.74	800m:	10:00.12	
2.	Loones Thuline			MEGA/21050/0C	10:16.58	10:02.62		
	100m:	1:11.54	300m:	3:43.24	500m:	6:15.32		
	200m:	2:27.37	400m:	4:59.35	600m:	7:31.18		
				700m:	8:47.76	800m:	10:02.62	
3.	Vyncke Laura			FIRST/20576/01	10:24.59	10:20.77		
	100m:	1:12.99	300m:	3:48.84	500m:	6:26.03		
	200m:	2:30.73	400m:	5:07.26	600m:	7:45.30		
				700m:	9:04.08	800m:	10:20.77	
4.	Vermeulen Elise			STW/21061/01	10:32.52	10:26.52		
	100m:	1:15.80	300m:	3:53.71	500m:	6:31.08		
	200m:	2:34.74	400m:	5:12.81	600m:	7:50.18		
				700m:	9:09.08	800m:	10:26.52	
5.	Van Avermaet Merel			TSZ/20219/01	NT	10:28.83		
	100m:	1:15.02	300m:	3:54.78	500m:	6:34.56		
	200m:	2:34.45	400m:	5:14.62	600m:	7:54.10		
				700m:	9:13.83	800m:	10:28.83	
6.	Hollevoet Marie			STW/21101/00	10:18.27	10:29.26		
	100m:	1:15.93	400m:	5:15.41	600m:	7:54.81		
	300m:	3:55.19	500m:	6:34.77	700m:	9:13.20	800m:	10:29.26
7.	Wulfrancke Elise			MEGA/21056/01	NT	10:30.64		
	100m:	1:14.00	300m:	3:53.15	500m:	6:33.44		
	200m:	2:33.09	400m:	5:13.36	600m:	7:53.56		
				700m:	9:13.55	800m:	10:30.64	
8.	De Noble Chloë			FIRST/20574/01	10:45.86	10:31.84		
	100m:	1:14.17	300m:	3:53.24	500m:	6:33.57		
	200m:	2:32.92	400m:	5:13.31	600m:	7:53.99		
				700m:	9:14.21	800m:	10:31.84	
9.	De Mol Luna			ZNA/20561/01	NT	11:01.32		
	100m:	1:14.84	300m:	3:59.80	500m:	6:50.73		
	200m:	2:35.92	400m:	5:24.75	600m:	8:16.41		
				700m:	9:42.46	800m:	11:01.32	
10.	De Loof Elise			MEGA/20801/00	NT	12:34.49		
	100m:	1:29.91	300m:	4:41.26	500m:	7:54.33		
	200m:	3:05.95	400m:	6:17.09	600m:	9:31.05		
				700m:	11:08.85	800m:	12:34.49	

17 - 18 jaar

1.	De Weirdt Lies			STW/21013/99	9:54.90	9:57.72	
	100m:	1:12.22	300m:	3:43.18	500m:	6:13.69	
	200m:	2:27.91	400m:	4:48.69	600m:	7:29.03	
				700m:	8:44.41	800m:	9:57.72
2.	Van Nieuwenhove Laurien			MEGA/20663/99	NT	10:12.81	
	100m:	1:12.78	300m:	3:49.95	500m:	6:24.19	
	200m:	2:31.72	400m:	5:07.12	600m:	7:42.38	
				700m:	9:00.21	800m:	10:12.81

Programmanr. 1, Dames, 800m vrije slag, 17 - 18 jaar

Rang					Inschr.	Tijd	Pnt
3.	Van Hoyweghen Veerle				MEGA/20467/99	10:36.01	10:28.88
	100m:	1:13.97	300m:	3:53.76	500m:	6:32.72	700m: 9:11.72
	200m:	2:33.76	400m:	5:13.32	600m:	7:52.66	800m: 10:28.88
4.	Buyse Josephine				MEGA/21033/99	NT	10:30.22
	100m:	1:14.85	300m:	3:54.25	500m:	6:32.85	700m: 9:11.41
	200m:	2:34.76	400m:	5:13.56	600m:	7:51.53	800m: 10:30.22
5.	De Noble Naomi				FIRST/20443/98	10:39.04	10:42.84
	100m:	1:15.80	300m:	3:57.03	500m:	6:40.78	700m: 9:23.75
	200m:	2:35.84	400m:	5:19.29	600m:	8:02.60	800m: 10:42.84
6.	Bockland Majlen				MEGA/21042/99	NT	11:00.88
	100m:	1:13.16	300m:	3:55.23	500m:	6:45.43	700m: 9:36.96
	200m:	2:32.78	400m:	5:20.51	600m:	8:11.84	800m: 11:00.88

19 jaar en ouder

1.	De Baere Marie-Claire				STW/21012/97	9:54.54	9:51.93
	100m:	1:14.42	300m:	3:43.63	500m:	6:12.73	700m: 8:41.20
	200m:	2:29.23	400m:	4:58.84	600m:	7:27.20	800m: 9:51.93
2.	Haegeman Karen				AST/20132/97	10:06.22	10:16.49
	100m:	1:13.62	300m:	3:45.97	500m:	6:22.09	700m: 8:59.56
	200m:	2:29.05	400m:	5:03.26	600m:	7:40.33	800m: 10:16.49
3.	Hofman Karlien				TSZ/20179/93	9:10.85	10:28.24
	100m:	1:13.64	300m:	3:50.29	500m:	6:30.13	700m: 9:11.26
	200m:	2:31.50	400m:	5:10.13	600m:	7:51.27	800m: 10:28.24

Programmanr. 2
30/10/2016 - 10:35

Herren, 800m vrije slag

11 jaar en ouder
Resultaten

Punten:

Rang					Inschr.	Tijd	Pnt
11 jaar							
1.	Herman Aidan				FIRST/11051/05	11:51.42	11:33.21
	100m:	1:21.76	300m:	4:17.49	500m:	7:14.25	700m: 10:10.69
	200m:	2:49.55	400m:	5:45.61	600m:	8:42.88	800m: 11:33.21
2.	Hebb Quinten				STW/11041/05	NT	11:55.64
	100m:	1:20.60	300m:	4:24.10	500m:	7:29.01	700m: 10:30.46
	200m:	2:52.42	400m:	5:57.24	600m:	8:59.51	800m: 11:55.64
3.	Van Hoorebeke Noah				FIRST/11070/05	NT	12:46.09
	100m:	1:32.23	300m:	4:49.45	500m:	8:05.07	700m: 11:16.10
	200m:	3:09.91	400m:	6:28.16	600m:	9:41.45	800m: 12:46.09

12 jaar

1.	Adams Lucas				MEGA/11062/04	NT	10:57.41
	100m:	1:16.88	300m:	4:05.52	500m:	6:52.31	700m: 9:40.17
	200m:	2:40.30	400m:	5:28.82	600m:	8:16.73	800m: 10:57.41
2.	Vanhollebeke Maxence				ZNA/10609/04	NT	11:20.37
	100m:	1:19.73	300m:	4:12.62	500m:	7:05.51	700m: 9:57.99
	200m:	2:45.25	400m:	5:38.66	600m:	8:31.59	800m: 11:20.37
3.	Vermeire Yorben				FIRST/11036/04	12:38.73	11:34.60
	100m:	1:18.66	300m:	4:13.64	500m:	7:10.90	700m: 10:09.07
	200m:	2:45.59	400m:	5:42.70	600m:	8:40.53	800m: 11:34.60
4.	Van de Sompel Jarne				AZ/11038/04	NT	12:09.41
	100m:	1:24.38	300m:	4:30.40	500m:	7:37.65	700m: 10:41.73
	200m:	2:56.84	400m:	6:04.18	600m:	9:09.96	800m: 12:09.41

Programmanr. 2, Jongens, 800m vrije slag, 12 jaar

Rang						Inschr.	Tijd	Pnt
5.	Iserbyt Thor					SWEM/11006/04 NT	12:29.22	
	100m:	1:21.27	300m:	4:29.53	500m:	7:42.49	700m:	10:56.88
	200m:	2:54.17	400m:	6:05.74	600m:	9:19.97	800m:	12:29.22
13 jaar								
1.	Maes Yarn					TSZ/11002/03 NT	10:28.00	
	100m:	1:12.03	300m:	3:49.28	500m:	6:28.78	700m:	9:11.21
	200m:	2:29.86	400m:	5:08.75	600m:	7:50.21	800m:	10:28.00
2.	Vyvey Rizuan					AST/11024/03 12:20.45	10:30.76	
	100m:	1:13.69	300m:	3:54.66	500m:	6:35.16	700m:	9:15.37
	200m:	2:34.09	400m:	5:14.79	600m:	7:55.37	800m:	10:30.76
3.	Van Hoecke Emile					MEGA/11066/03 NT	10:31.33	
	100m:	1:14.74	300m:	3:54.73	500m:	6:34.54	700m:	9:13.74
	200m:	2:34.75	400m:	5:14.35	600m:	7:54.33	800m:	10:31.33
14 jaar								
1.	Herregodts Siebe					ZNA/10536/02 9:45.29	9:27.08	
	100m:	1:05.95	300m:	3:27.89	500m:	5:52.46	700m:	8:17.38
	200m:	2:16.48	400m:	4:40.23	600m:	7:04.66	800m:	9:27.08
2.	Christiaens Gilles					AZL/11018/02 11:42.00	10:49.00	
	100m:	1:14.15	300m:	3:56.04	500m:	6:41.68	700m:	9:27.54
	200m:	2:34.50	400m:	5:18.22	600m:	8:04.36	800m:	10:49.00
3.	Franssens Maurits					ZNA/10523/02 NT	11:22.81	
	100m:	1:14.41	300m:	4:05.97	500m:	7:02.69	700m:	9:59.94
	200m:	2:38.66	400m:	5:33.85	600m:	8:31.32	800m:	11:22.81
15 - 16 jaar								
1.	Rots Simon					AST/10112/00 10:37.19	9:56.91	
	100m:	1:08.81	300m:	3:39.34	500m:	6:11.10	700m:	8:43.63
	200m:	2:23.95	400m:	4:55.26	600m:	7:27.55	800m:	9:56.91
2.	Van Lierde Arnaud					ZNA/10508/01 NT	11:01.08	
	100m:	1:16.58	300m:	4:03.48	500m:	6:51.80	700m:	9:40.95
	200m:	2:39.84	400m:	5:26.66	600m:	8:16.72	800m:	11:01.08
17 - 18 jaar								
1.	Derycke Matthew					MEGA/10797/99 NT	10:14.76	
	100m:	1:10.93	300m:	3:44.29	500m:	6:19.34	700m:	8:56.62
	200m:	2:26.98	400m:	5:01.38	600m:	7:37.64	800m:	10:14.76
19 jaar en ouder								
1.	Loones Matthias					MEGA/11031/97 8:38.27	8:50.58	
	100m:	1:02.56	300m:	3:15.26	500m:	5:30.35	700m:	7:45.74
	200m:	2:08.90	400m:	4:22.55	600m:	6:38.35	800m:	8:50.58
2.	Beirnaert Jonas					STW/11005/97 8:59.63	8:50.81	
	100m:	1:02.62	300m:	3:18.93	500m:	5:34.32	700m:	7:47.99
	200m:	2:10.44	400m:	4:26.83	600m:	6:41.21	800m:	8:50.81
3.	Rydant Hannes					MEGA/10791/93 NT	9:16.09	
	100m:	1:06.76	300m:	3:27.47	500m:	5:47.63	700m:	8:09.35
	200m:	2:16.69	400m:	4:37.85	600m:	6:58.19	800m:	9:16.09
4.	Swaelens Colin					AST/11003/97 9:58.33	9:59.88	
	100m:	1:08.72	300m:	3:41.00	500m:	6:12.19	700m:	8:45.85
	200m:	2:24.82	400m:	4:56.28	600m:	7:29.28	800m:	9:59.88

2 - 1500m wedstrijd

30/10/2016 - 14:00

Programmanr. 3
30/10/2016 - 14:00

Dames, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten:

Rang	Inschr.	Tijd	Pnt
11 jaar			
1.	Van Imschoot Emma FIRST/21084/05 NT	22:20.73	
	100m: 1:18.29 400m: 5:43.10 700m: 10:11.32 1000m: 14:44.04 1300m: 19:18.45		
	200m: 2:45.76 500m: 7:11.70 800m: 11:41.76 1100m: 16:15.64 1400m: 20:50.95		
	300m: 4:14.60 600m: 8:42.67 900m: 13:12.45 1200m: 17:46.73 1500m: 22:20.73		
2.	De Carne Mila FIRST/21008/05 NT	23:44.05	
	100m: 1:31.49 400m: 6:26.68 700m: 11:23.33 1000m: 16:12.30 1300m: 20:50.93		
	200m: 3:10.53 500m: 8:06.99 800m: 13:00.26 1100m: 17:47.46 1400m: 22:22.44		
	300m: 4:48.27 600m: 9:45.44 900m: 14:37.01 1200m: 19:19.25 1500m: 23:44.05		
3.	Swyngedouw Emma FIRST/21011/05 NT	23:44.42	
	100m: 1:30.72 400m: 6:24.25 700m: 11:13.61 1000m: 15:58.75 1300m: 20:44.78		
	200m: 3:08.75 500m: 8:01.75 800m: 12:48.03 1100m: 17:33.36 1400m: 22:19.40		
	300m: 4:46.72 600m: 9:37.93 900m: 14:23.43 1200m: 19:08.93 1500m: 23:44.42		
12 jaar			
1.	Crabbe Lore AZL/21043/04 25:39.83	22:58.77	
	100m: 1:20.13 400m: 5:55.31 700m: 10:34.44 1000m: 15:15.34 1300m: 19:58.96		
	200m: 2:50.62 500m: 7:28.15 800m: 12:07.85 1100m: 16:49.52 1400m: 21:31.22		
	300m: 4:22.56 600m: 9:01.21 900m: 13:41.75 1200m: 18:24.19 1500m: 22:58.77		
2.	Ruyskensveld Lonneke FIRST/21010/04 NT	23:44.42	
	100m: 1:29.02 400m: 6:21.33 700m: 11:12.45 1000m: 15:59.30 1300m: 20:45.04		
	200m: 3:05.36 500m: 7:59.54 800m: 12:48.39 1100m: 17:33.48 1400m: 22:18.64		
	300m: 4:42.14 600m: 9:36.95 900m: 14:23.83 1200m: 19:09.48 1500m: 23:44.42		
13 jaar			
1.	Van Varenberg Merel FIRST/20659/03 NT	22:24.74	
	100m: 1:20.84 400m: 5:47.71 700m: 10:17.09 1000m: 14:48.66 1300m: 19:17.66		
	200m: 2:49.22 500m: 7:17.34 800m: 11:47.47 1100m: 16:17.19 1400m: 20:46.95		
	300m: 4:18.92 600m: 8:47.27 900m: 13:18.72 1200m: 17:46.93 1500m: 22:24.74		
14 jaar			
1.	De Carne Lara FIRST/20644/02 20:03.63	19:14.92	
	100m: 1:13.48 400m: 5:06.73 700m: 8:58.82 1000m: 12:52.54 1300m: 16:45.67		
	200m: 2:31.60 500m: 6:24.32 800m: 10:16.86 1100m: 14:10.82 1400m: 18:02.73		
	300m: 3:49.29 600m: 7:41.39 900m: 11:34.60 1200m: 15:28.16 1500m: 19:14.92		
2.	Talloon Charlot FIRST/20609/02 20:08.58	19:31.66	
	100m: 1:13.26 400m: 5:07.91 700m: 9:01.66 1000m: 12:57.02 1300m: 16:54.87		
	200m: 2:32.19 500m: 6:25.98 800m: 10:19.94 1100m: 14:16.13 1400m: 18:14.34		
	300m: 3:50.16 600m: 7:43.98 900m: 11:38.16 1200m: 15:35.19 1500m: 19:31.66		
3.	Van Mingeroet Silken FIRST/21111/02 NT	20:19.06	
	100m: 1:16.65 400m: 5:19.84 700m: 9:24.39 1000m: 13:30.95 1300m: 17:38.00		
	200m: 2:38.26 500m: 6:41.26 800m: 10:45.77 1100m: 14:54.00 1400m: 18:55.00		
	300m: 3:58.67 600m: 8:03.09 900m: 12:08.27 1200m: 16:15.00 1500m: 20:19.06		
4.	Martens Camille FIRST/21110/02 NT	20:27.53	
	100m: 1:13.42 400m: 5:17.21 700m: 9:24.27 1000m: 13:30.98 1300m: 17:42.16		
	200m: 2:34.46 500m: 6:39.39 800m: 10:46.09 1100m: 14:53.77 1400m: 19:05.81		
	300m: 3:55.89 600m: 8:02.01 900m: 12:08.65 1200m: 16:17.41 1500m: 20:27.53		

Programmanr. 3, Meisjes, 1500m vrije slag, 14 jaar

Rang					Inschr.	Tijd	Pnt			
5.	Vanden Noortgate Iona		FIRST/20661/02		22:01.72	22:08.37				
	100m:	1:20.33	400m:	5:49.58	700m:	10:23.12	1000m:	15:00.25	1300m:	19:23.25
	200m:	2:49.22	500m:	7:20.65	800m:	11:56.15	1100m:	16:28.22	1400m:	20:47.00
	300m:	4:19.50	600m:	8:52.75	900m:	13:28.08	1200m:	17:56.33	1500m:	22:08.37
6.	Groeninckx Kjenta		FIRST/21038/02		NT	22:24.98				
	100m:	1:24.73	400m:	5:58.30	700m:	10:28.84	1000m:	14:59.69	1300m:	19:30.81
	200m:	2:56.52	500m:	7:28.39	800m:	11:59.20	1100m:	16:29.67	1400m:	20:59.58
	300m:	4:27.70	600m:	8:58.63	900m:	13:28.94	1200m:	18:00.48	1500m:	22:24.98
7.	Galle Vicky		AZL/21005/02		NT	23:56.31				
	100m:	1:24.49	400m:	6:14.02	700m:	11:02.94	1000m:	15:55.45	1300m:	20:49.79
	200m:	2:59.55	500m:	7:49.55	800m:	12:39.87	1100m:	17:32.99	1400m:	22:27.80
	300m:	4:36.30	600m:	9:25.65	900m:	14:17.57	1200m:	19:11.14	1500m:	23:56.31

15 - 16 jaar

1.	Vanderbeken Lies		FIRST/20585/01		NT	19:25.85				
	100m:	1:14.81	400m:	5:12.70	700m:	9:06.27	1000m:	12:58.62	1300m:	16:52.20
	200m:	2:34.25	500m:	6:30.84	800m:	10:24.37	1100m:	14:16.06	1400m:	18:09.77
	300m:	3:53.81	600m:	7:48.81	900m:	11:41.74	1200m:	15:34.35	1500m:	19:25.85
2.	Keppens Lauren		AZL/20149/00		20:03.78	20:25.76				
	100m:	1:15.94	400m:	5:16.86	700m:	9:24.85	1000m:	13:33.88	1300m:	17:43.91
	200m:	2:36.37	500m:	6:39.86	800m:	10:47.53	1100m:	14:56.20	1400m:	19:06.48
	300m:	3:56.33	600m:	8:01.88	900m:	12:10.70	1200m:	16:20.16	1500m:	20:25.76

17 - 18 jaar

1.	Van Heghe Margot		FIRST/20508/99		19:39.76	19:22.65				
	100m:	1:10.84	400m:	5:05.02	700m:	8:58.41	1000m:	12:53.83	1300m:	16:48.46
	200m:	2:28.38	500m:	6:22.63	800m:	10:17.76	1100m:	14:12.14	1400m:	18:06.82
	300m:	3:46.75	600m:	7:40.22	900m:	11:36.02	1200m:	15:30.18	1500m:	19:22.65

19 jaar en ouder

1.	Buyck Sara		MEGA/20083/95		NT	19:25.16				
	100m:	1:15.54	400m:	5:06.17	700m:	8:59.74	1000m:	12:55.12	1300m:	16:50.85
	200m:	2:33.11	500m:	6:23.10	800m:	10:17.59	1100m:	14:14.53	1400m:	18:09.53
	300m:	3:49.84	600m:	7:41.66	900m:	11:35.63	1200m:	15:32.96	1500m:	19:25.16

Programmanr. 4
30/10/2016 - 15:20

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten:

Rang					Inschr.	Tijd	Pnt			
11 jaar										
1.	Talloen Sander		FIRST/11012/05		NT	21:24.87				
	100m:	1:21.12	400m:	5:44.50	700m:	10:03.84	1000m:	14:21.19	1300m:	18:39.22
	200m:	2:48.91	500m:	7:11.94	800m:	11:29.37	1100m:	15:47.49	1400m:	20:04.55
	300m:	4:18.44	600m:	8:37.91	900m:	12:55.69	1200m:	17:12.41	1500m:	21:24.87
2.	Van der Haeghen Siebe		FIRST/11076/05		NT	24:02.31				
	100m:	1:27.14	400m:	6:22.39	700m:	11:17.75	1000m:	16:12.74	1300m:	21:07.00
	200m:	3:05.22	500m:	8:01.07	800m:	12:55.77	1100m:	17:51.00	1400m:	22:26.00
	300m:	4:45.28	600m:	9:41.80	900m:	14:34.71	1200m:	19:29.00	1500m:	24:02.31

Programmanr. 4, Heren, 1500m vrije slag

12 jaar

1. Weyts Milan	STW/11010/04	20:16.98	19:43.33
100m: 1:14.86	400m: 5:14.93	700m: 9:16.33	1000m: 13:14.65
200m: 2:34.68	500m: 6:35.28	800m: 10:36.00	1100m: 14:31.47
300m: 3:54.61	600m: 7:55.58	900m: 11:55.08	1200m: 15:50.43
			1300m: 17:09.75
			1400m: 18:29.00
			1500m: 19:43.33

NG Van de Walle Robbe NCAZ/11040/04 NT

13 jaar

1. Hebb Xander	STW/11007/03	19:16.66	18:18.77
100m: 1:08.88	400m: 4:51.66	700m: 8:35.42	1000m: 12:18.31
200m: 2:22.20	500m: 6:06.11	800m: 9:49.13	1100m: 13:31.77
300m: 3:36.86	600m: 7:20.29	900m: 11:03.69	1200m: 14:44.94
			1300m: 15:57.95
			1400m: 17:09.90
			1500m: 18:18.77

2. De Dobbelaere Raf	MEGA/11054/03	20:39.51	19:40.45
100m: 1:15.06	400m: 5:13.45	700m: 9:12.37	1000m: 13:10.37
200m: 2:34.35	500m: 6:32.84	800m: 10:31.85	1100m: 14:28.87
300m: 3:53.87	600m: 7:52.81	900m: 11:50.87	1200m: 15:47.25
			1300m: 17:05.70
			1400m: 18:24.85
			1500m: 19:40.45

3. Vandepitte Alexander	MEGA/10784/03	19:34.67	19:53.58
100m: 1:14.67	400m: 5:14.80	700m: 9:16.48	1000m: 13:15.86
200m: 2:34.48	500m: 6:35.36	800m: 10:36.36	1100m: 14:35.45
300m: 3:54.45	600m: 7:55.61	900m: 11:56.42	1200m: 15:56.45
			1300m: 17:15.95
			1400m: 18:35.20
			1500m: 19:53.58

4. Lust Henri	AZ/11007/03	NT	20:37.74
100m: 1:17.67	400m: 5:28.45	700m: 9:43.64	1000m: 13:54.42
200m: 2:40.67	500m: 6:52.58	800m: 11:07.30	1100m: 15:18.00
300m: 4:04.80	600m: 8:18.23	900m: 12:30.04	1200m: 16:40.36
			1300m: 18:01.61
			1400m: 19:21.64
			1500m: 20:37.74

14 jaar

1. Weyts Yaron	STW/11011/02	17:46.89	17:32.67
100m: 1:05.94	400m: 4:38.35	700m: 8:10.63	1000m: 11:42.10
200m: 2:16.11	500m: 5:49.15	800m: 9:20.83	1100m: 12:52.64
300m: 3:26.95	600m: 7:00.33	900m: 10:31.14	1200m: 14:03.25
			1300m: 15:13.96
			1400m: 16:24.95
			1500m: 17:32.67

2. Gantois Olivier	MEGA/10775/02	NT	17:45.98
100m: 1:06.51	400m: 4:42.78	700m: 8:18.63	1000m: 11:52.55
200m: 2:18.91	500m: 5:54.66	800m: 9:30.13	1100m: 13:03.80
300m: 3:30.36	600m: 7:06.40	900m: 10:41.56	1200m: 14:14.79
			1300m: 15:25.54
			1400m: 16:37.06
			1500m: 17:45.98

3. Van Horen Senne	ZNA/10585/02	18:38.68	18:16.43
100m: 1:06.00	400m: 4:44.04	700m: 8:24.59	1000m: 12:05.91
200m: 2:17.98	500m: 5:57.35	800m: 9:37.81	1100m: 13:20.21
300m: 3:30.84	600m: 7:11.23	900m: 10:51.57	1200m: 14:34.85
			1300m: 15:49.05
			1400m: 17:04.58
			1500m: 18:16.43

4. Hollevoet Robbe	STW/11103/02	20:01.03	20:01.63
100m: 1:16.66	400m: 5:20.24	700m: 9:24.59	1000m: 13:27.29
200m: 2:37.91	500m: 6:41.71	800m: 10:45.30	1100m: 14:48.09
300m: 3:58.48	600m: 8:03.48	900m: 12:06.34	1200m: 16:07.33
			1300m: 17:27.33
			1400m: 18:45.20
			1500m: 20:01.63

5. Gobert Sam	MEGA/11004/02	21:07.57	20:05.67
100m: 1:16.73	400m: 5:21.54	700m: 9:25.19	1000m: 13:26.05
200m: 2:38.45	500m: 6:42.86	800m: 10:45.57	1100m: 14:46.95
300m: 3:59.79	600m: 8:04.01	900m: 12:06.08	1200m: 16:07.93
			1300m: 17:28.69
			1400m: 18:48.92
			1500m: 20:05.67

6. Mattheuws Kasper	AZ/11030/02	NT	21:39.41
100m: 1:20.78	400m: 5:41.38	700m: 10:03.56	1000m: 14:26.56
200m: 2:47.38	500m: 7:09.38	800m: 11:31.63	1100m: 15:54.84
300m: 4:15.06	600m: 8:37.95	900m: 12:59.20	1200m: 17:23.06
			1300m: 18:52.13
			1400m: 20:18.91
			1500m: 21:39.41

Programmanr. 4, Heren, 1500m vrije slag

15 - 16 jaar

1.	Herman Cian				FIRST/11050/01	18:08.75	17:51.10	
	100m:	1:05.70	400m:	4:38.07	700m:	8:11.73	1000m: 11:46.32	1300m: 15:24.54
	200m:	2:16.42	500m:	5:48.70	800m:	9:22.60	1100m: 12:58.45	1400m: 16:38.54
	300m:	3:27.13	600m:	7:00.42	900m:	10:34.13	1200m: 14:11.10	1500m: 17:51.10
2.	De Saegher Ruben				STW/11090/01	18:36.56	18:07.71	
	100m:	1:06.46	400m:	4:42.50	700m:	8:24.08	1000m: 12:03.00	1300m: 15:43.43
	200m:	2:17.33	500m:	5:56.19	800m:	9:36.87	1100m: 13:16.13	1500m: 18:07.71
	300m:	3:29.63	600m:	7:10.05	900m:	10:50.26	1200m: 14:29.25	
3.	Blom Dieter				FIRST/10622/00	18:25.87	18:26.28	
	100m:	1:06.34	400m:	4:39.96	700m:	8:21.81	1000m: 12:08.28	1300m: 15:57.96
	200m:	2:17.07	500m:	5:53.21	800m:	9:36.74	1100m: 13:24.59	1400m: 17:13.89
	300m:	3:28.24	600m:	7:07.28	900m:	10:52.31	1200m: 14:41.28	1500m: 18:26.28
4.	D'hollander Jens				FIRST/11114/01	18:26.28	18:28.23	
	100m:	1:06.84	400m:	4:44.84	700m:	8:29.48	1000m: 12:18.66	1300m: 16:03.26
	200m:	2:18.69	500m:	5:58.81	800m:	9:46.34	1100m: 13:33.84	1400m: 17:17.16
	300m:	3:31.56	600m:	7:13.63	900m:	11:02.51	1200m: 14:48.59	1500m: 18:28.23
5.	Lippens Rino				STW/11008/00	18:16.24	18:44.73	
	100m:	1:06.45	400m:	4:42.45	700m:	8:25.79	1000m: 12:12.43	1300m: 16:07.46
	200m:	2:17.47	500m:	5:56.43	800m:	9:40.22	1100m: 13:30.80	1400m: 17:26.16
	300m:	3:29.20	600m:	7:11.04	900m:	10:56.94	1200m: 14:49.73	1500m: 18:44.73
6.	Vandepitte Jonas				MEGA/10712/01	19:15.93	19:43.81	
	100m:	1:13.01	400m:	5:13.23	700m:	9:13.67	1000m: 13:11.77	1300m: 17:09.00
	200m:	2:33.69	500m:	6:33.51	800m:	10:32.99	1100m: 14:30.00	1400m: 18:27.00
	300m:	3:53.68	600m:	7:54.02	900m:	11:52.32	1200m: 15:50.00	1500m: 19:43.81
7.	De Schryver Noah				ZNA/10577/01	NT	20:23.69	
	100m:	1:13.77	400m:	5:23.02	700m:	9:31.55	1000m: 13:42.45	1300m: 17:50.61
	200m:	2:35.75	500m:	6:46.94	800m:	10:52.85	1100m: 15:06.45	1400m: 19:11.11
	300m:	3:58.56	600m:	8:10.26	900m:	12:18.11	1200m: 16:29.69	1500m: 20:23.69