

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

1 - Lange Afstanden voormiddag

10/04/2022 - 10:00

Programmanr. 1 400m vrije slag 10 jaar Resultaten
10/04/2022 - 10:00

Punten: FINA 2021

Rang	Inschr.	Tijd	Pnt
10 jaar, Jongens			
1. Chabottier Largo	KLSVZ/11120/126:13.81	5:54.71	214
50m: 38.90	150m: 2:10.62	250m: 3:41.48	350m: 5:12.35
100m: 1:23.09	200m: 2:56.16	300m: 4:27.77	400m: 5:54.71

Programmanr. 2 Dames, 800m vrije slag 11 jaar en ouder Resultaten
10/04/2022 - 10:05

Punten: FINA 2021

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1. Vervloet Zoe	GZVN/21228/1(10:30.00	10:18.65	465
50m: 34.28	200m: 2:30.34	350m: 4:28.29	500m: 6:26.19
100m: 1:12.34	250m: 3:09.54	400m: 5:07.91	550m: 7:05.83
150m: 1:50.98	300m: 3:48.64	450m: 5:47.07	600m: 7:44.88
		750m: 9:41.84	800m: 10:18.65
2. Bohmer Janne	ZCT/21108/10 11:18.21	10:50.34	400
50m: 38.01	200m: 2:41.20	350m: 4:45.97	500m: 6:48.87
100m: 1:18.52	250m: 3:22.81	400m: 5:27.87	550m: 7:30.77
150m: 2:00.00	300m: 4:04.45	450m: 6:08.05	600m: 8:11.51
		750m: 10:12.46	800m: 10:50.34
3. Klaykens Chloé	HZS/21211/10 12:25.00	11:22.30	346
50m: 36.19	200m: 2:44.29	350m: 4:56.61	500m: 7:07.40
100m: 1:17.75	250m: 3:28.20	400m: 5:40.58	550m: 7:51.24
150m: 2:00.58	300m: 4:12.75	450m: 6:24.04	600m: 8:35.28
		750m: 10:44.96	800m: 11:22.30
4. Verelst Laura	ZCT/21114/10 12:05.71	11:32.40	331
50m: 38.74	200m: 2:49.48	350m: 5:02.39	500m: 7:14.23
100m: 1:21.91	250m: 3:33.35	400m: 5:46.28	550m: 7:58.34
150m: 2:05.11	300m: 4:17.78	450m: 6:30.63	600m: 8:42.87
		750m: 10:52.96	800m: 11:32.40
5. Brouwers Charlotte	DBT/21145/11 11:40.00	11:35.22	327
50m: 36.91	200m: 2:45.41	350m: 4:56.53	500m: 7:12.06
100m: 1:18.32	250m: 3:28.56	400m: 5:41.07	550m: 7:57.74
150m: 2:01.70	300m: 4:13.35	450m: 6:27.49	600m: 8:40.69
		750m: 10:55.12	800m: 11:35.22
6. Wouters Stien	ZCT/21106/10 12:41.03	11:46.87	311
50m: 40.52	200m: 2:52.50	350m: 5:08.26	500m: 7:24.16
100m: 1:23.40	250m: 3:37.45	400m: 5:53.19	550m: 8:09.24
150m: 2:07.67	300m: 4:22.42	450m: 6:38.84	600m: 8:54.91
		750m: 11:06.55	800m: 11:46.87
7. Uytterhoeven Flo	ZCT/21107/10 12:35.75	11:47.28	311
50m: 39.76	200m: 2:54.12	350m: 5:11.44	500m: 7:25.91
100m: 1:24.32	250m: 3:40.21	400m: 5:57.21	550m: 8:10.51
150m: 2:09.80	300m: 4:25.67	450m: 6:40.76	600m: 8:54.40
		750m: 11:06.22	800m: 11:47.28
8. Luts Emilia	DBT/21144/10 11:40.00	12:19.70	272
50m: 38.89	200m: 2:54.43	350m: 5:17.76	500m: 7:43.39
100m: 1:22.93	250m: 3:42.03	400m: 6:06.61	550m: 8:32.20
150m: 2:07.59	300m: 4:30.06	450m: 6:54.73	600m: 9:19.75
		750m: 11:36.97	800m: 12:19.70
9. Cypers de Landrecy Tillie	PZC/21084/10 13:38.55	12:42.44	248
50m: 40.33	200m: 3:02.05	350m: 5:27.87	500m: 7:54.79
100m: 1:25.80	250m: 3:50.43	400m: 6:16.45	550m: 8:44.11
150m: 2:13.18	300m: 4:39.00	450m: 7:05.94	600m: 9:33.25
		750m: 11:59.16	800m: 12:42.44
10. Thijs Maaike	ZCT/21132/10 12:50.00	12:55.05	236
50m: 43.52	200m: 3:11.06	350m: 5:39.87	500m: 8:08.98
100m: 1:32.41	250m: 4:00.75	400m: 6:27.93	550m: 8:57.87
150m: 2:22.00	300m: 4:50.08	450m: 7:18.61	600m: 9:46.97
		750m: 12:12.39	800m: 12:55.05

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 2, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
11. Verleysen Noa	HZS/21233/11 13:30.00	13:27.01	209
50m: 45.42	200m: 3:16.85	350m: 5:53.94	500m: 8:26.85
100m: 1:35.39	250m: 4:08.00	400m: 6:44.32	550m: 9:19.34
150m: 2:26.09	300m: 5:00.05	450m: 7:34.64	600m: 10:11.83
		750m: 12:44.36	800m: 13:27.01
12. Sargesjan Nala	HZS/21232/11 14:20.00	13:34.06	204
50m: 43.88	200m: 3:17.50	350m: 5:52.13	500m: 8:28.39
100m: 1:34.00	250m: 4:08.92	400m: 6:44.32	550m: 9:19.97
150m: 2:25.28	300m: 5:00.19	450m: 7:36.04	600m: 10:11.17
		750m: 12:47.30	800m: 13:34.06
13. Copermans Sam	HZS/21247/11 14:10.00	14:09.90	179
50m: 48.13	200m: 3:28.29	350m: 6:06.89	500m: 8:52.33
100m: 1:41.39	250m: 4:20.12	400m: 7:01.52	550m: 9:47.61
150m: 2:35.03	300m: 5:13.06	450m: 7:56.54	600m: 10:43.01
		750m: 13:25.85	800m: 14:09.90
FF Simons Pauline	FFKLSVZ/21074/112:40.00		

13 - 14 jaar

1. Reyniers Lise	STW/21171/09 10:02.00	9:45.41	548
50m: 33.04	200m: 2:23.91	350m: 4:14.64	500m: 6:05.70
100m: 1:09.34	250m: 3:00.62	400m: 4:51.85	550m: 6:42.48
150m: 1:46.55	300m: 3:37.84	450m: 5:28.54	600m: 7:19.97
		750m: 9:10.81	800m: 9:45.41
2. Zangari Aurora	GZVN/21195/010:22.21	9:53.28	527
50m: 32.96	200m: 2:23.38	350m: 4:16.34	500m: 6:09.25
100m: 1:08.92	250m: 3:00.62	400m: 4:54.27	550m: 6:47.62
150m: 1:45.81	300m: 3:38.43	450m: 5:31.90	600m: 7:25.57
		750m: 9:18.80	800m: 9:53.28
3. Danhieux Liena	ZORO/21125/010:23.70	9:55.68	521
50m: 32.96	200m: 2:25.08	350m: 4:18.70	500m: 6:11.61
100m: 1:09.89	250m: 3:02.77	400m: 4:56.47	550m: 6:49.46
150m: 1:47.36	300m: 3:40.76	450m: 5:33.85	600m: 7:27.27
		750m: 9:20.97	800m: 9:55.68
4. De Ridder Niobe	BRABO/21257/10:50.00	10:31.56	437
50m: 34.32	200m: 2:33.19	350m: 4:33.85	500m: 6:34.29
100m: 1:13.28	250m: 3:13.07	400m: 5:14.26	550m: 7:14.07
150m: 1:53.06	300m: 3:53.46	450m: 5:54.57	600m: 7:54.00
		750m: 9:53.78	800m: 10:31.56
5. Amzour Lina	BRABO/21350/10:45.00	10:32.33	435
50m: 33.92	200m: 2:32.51	350m: 4:32.59	500m: 6:32.63
100m: 1:12.50	250m: 3:12.66	400m: 5:13.10	550m: 7:12.10
150m: 1:52.32	300m: 3:52.87	450m: 5:52.80	600m: 7:52.11
		750m: 9:51.52	800m: 10:32.33
6. Tordeur Lucie	GZVN/21194/010:52.73	10:33.32	433
50m: 34.76	200m: 2:33.34	350m: 4:33.87	500m: 6:34.24
100m: 1:13.43	250m: 3:13.57	400m: 5:14.63	550m: 7:14.38
150m: 1:53.18	300m: 3:53.67	450m: 5:54.14	600m: 7:54.15
		750m: 9:54.67	800m: 10:33.32
7. Simons Xante	KLSVZ/21060/C11:33.73	10:46.54	407
50m: 34.64	200m: 2:36.76	350m: 4:41.37	500m: 6:45.68
100m: 1:14.42	250m: 3:18.27	400m: 5:22.74	550m: 7:26.25
150m: 1:55.53	300m: 3:59.81	450m: 6:04.39	600m: 8:07.05
		750m: 10:07.96	800m: 10:46.54
8. Theuwis Lisabet	PZC/21059/09 11:40.00	10:54.05	393
50m: 37.54	200m: 2:42.43	350m: 4:46.18	500m: 6:50.54
100m: 1:19.17	250m: 3:23.72	400m: 5:27.30	550m: 7:31.83
150m: 2:00.83	300m: 4:04.89	450m: 6:09.18	600m: 8:13.50
		750m: 10:16.85	800m: 10:54.05
9. Vanlaere Lena	KLSVZ/21053/C11:36.31	11:00.30	382
50m: 35.34	200m: 2:40.26	350m: 4:47.86	500m: 6:54.60
100m: 1:15.62	250m: 3:22.97	400m: 5:30.12	550m: 7:37.24
150m: 1:58.28	300m: 4:05.00	450m: 6:11.95	600m: 8:19.29
		750m: 10:22.89	800m: 11:00.30
10. Meers Lien	HZS/21154/08 11:10.00	11:01.31	380
50m: 37.63	200m: 2:41.56	350m: 4:47.09	500m: 6:51.78
100m: 1:18.67	250m: 3:22.95	400m: 5:29.13	550m: 7:33.94
150m: 2:00.32	300m: 4:04.84	450m: 6:10.61	600m: 8:15.98
		750m: 10:21.73	800m: 11:01.31

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 2, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang						Inschr.	Tijd	Pnt				
11.	Deldicque Aiko					ZORO/21098/0	11:44.43	11:02.00	379			
	50m:	37.51	200m:	2:42.84	350m:	4:48.26	500m:	6:54.33	650m:	9:00.87	800m:	11:02.00
	100m:	1:19.00	250m:	3:24.67	400m:	5:30.52	550m:	7:36.65	700m:	9:42.63		
	150m:	2:01.17	300m:	4:06.18	450m:	6:11.93	600m:	8:18.71	750m:	10:23.50		
12.	Vervloessem Siska					ZCT/21090/08	11:20.26	11:03.40	377			
	50m:	36.68	200m:	2:44.17	350m:	4:51.55	500m:	6:58.11	650m:	9:05.92	800m:	11:03.40
	100m:	1:18.91	250m:	3:25.67	400m:	5:34.08	550m:	7:40.77	700m:	9:46.56		
	150m:	2:02.65	300m:	4:08.57	450m:	6:16.23	600m:	8:23.37	750m:	10:27.03		
13.	Haldermans Eloïse					HZS/21150/09	11:32.00	11:15.08	357			
	50m:	37.98	200m:	2:43.95	350m:	4:52.48	500m:	7:01.70	650m:	9:10.06	800m:	11:15.08
	100m:	1:19.43	250m:	3:26.49	400m:	5:35.98	550m:	7:44.45	700m:	9:52.49		
	150m:	2:01.47	300m:	4:09.41	450m:	6:18.47	600m:	8:27.19	750m:	10:35.81		
14.	But Anastacia					HZS/21173/09	11:50.00	11:21.22	348			
	50m:	36.57	200m:	2:43.70	350m:	4:53.74	500m:	7:04.86	650m:	9:16.37	800m:	11:21.22
	100m:	1:17.79	250m:	3:26.63	400m:	5:37.68	550m:	7:48.33	700m:	10:00.32		
	150m:	2:00.91	300m:	4:10.26	450m:	6:20.46	600m:	8:32.90	750m:	10:42.44		
15.	Wauters Luna					KLSVZ/21107/C	11:22.90	11:22.21	346			
	50m:	38.58	200m:	2:49.28	350m:	4:59.91	500m:	7:12.30	650m:	9:22.32	800m:	11:22.21
	100m:	1:21.61	250m:	3:31.58	400m:	5:43.47	550m:	7:55.32	700m:	10:04.12		
	150m:	2:05.37	300m:	4:15.81	450m:	6:28.32	600m:	8:39.50	750m:	10:44.39		
16.	Claeskens Lina					DBT/21098/08	11:25.00	11:26.46	340			
	50m:	38.07	200m:	2:43.71	350m:	4:52.67	500m:	7:03.74	650m:	9:16.21	800m:	11:26.46
	100m:	1:18.96	250m:	3:26.20	400m:	5:36.29	550m:	7:48.14	700m:	10:01.08		
	150m:	2:01.16	300m:	4:09.39	450m:	6:19.62	600m:	8:32.57	750m:	10:44.74		
17.	Gerets Sieglinde					HZS/21159/08	11:45.00	11:29.31	336			
	50m:	39.11	200m:	2:48.43	350m:	4:59.43	500m:	7:09.85	650m:	9:20.44	800m:	11:29.31
	100m:	1:21.67	250m:	3:31.89	400m:	5:43.83	550m:	7:54.00	700m:	10:04.41		
	150m:	2:04.86	300m:	4:15.97	450m:	6:26.43	600m:	8:37.87	750m:	10:46.90		
18.	Ciobanu Anastasia					DDAT/21112/0	11:42.85	11:29.93	335			
	50m:	39.41	200m:	2:48.08	350m:	4:58.68	500m:	7:09.62	650m:	9:20.94	800m:	11:29.93
	100m:	1:21.63	250m:	3:31.02	400m:	5:42.59	550m:	7:53.83	700m:	10:05.51		
	150m:	2:04.88	300m:	4:15.65	450m:	6:26.15	600m:	8:36.93	750m:	10:49.16		
19.	Roosen Anouk					KLSVZ/21075/C	13:00.50	11:37.03	325			
	50m:	40.21	200m:	2:51.84	350m:	5:02.55	500m:	7:15.74	650m:	9:30.02	800m:	11:37.03
	100m:	1:23.81	250m:	3:35.35	400m:	5:46.70	550m:	8:00.29	700m:	10:15.38		
	150m:	2:08.19	300m:	4:18.95	450m:	6:31.47	600m:	8:44.48	750m:	10:59.22		
20.	Alloing Myrthe					KLSVZ/21063/C	12:36.39	12:06.37	287			
	50m:	41.90	200m:	3:00.82	350m:	5:19.96	500m:	7:38.70	650m:	9:55.31	800m:	12:06.37
	100m:	1:28.18	250m:	3:46.99	400m:	6:06.27	550m:	8:24.39	700m:	10:41.01		
	150m:	2:14.41	300m:	4:33.39	450m:	6:52.77	600m:	9:10.07	750m:	11:25.79		
21.	Sen Yasmine					BRABO/21349/	12:15.00	12:08.95	284			
	50m:	37.52	200m:	2:52.38	350m:	5:11.19	500m:	7:32.29	650m:	9:54.13	800m:	12:08.95
	100m:	1:21.44	250m:	3:37.99	400m:	5:58.41	550m:	8:19.40	700m:	10:40.20		
	150m:	2:06.16	300m:	4:24.62	450m:	6:44.75	600m:	9:07.29	750m:	11:25.23		
22.	Veuchelen Alexia					KLSVZ/21073/C	17:40.00	13:45.16	196			
	50m:	45.35	200m:	3:17.84	350m:	5:52.82	500m:	8:30.46	650m:	11:09.39	800m:	13:45.16
	100m:	1:34.66	250m:	4:08.88	400m:	6:45.23	550m:	9:22.92	700m:	12:02.31		
	150m:	2:25.81	300m:	5:00.81	450m:	7:37.24	600m:	10:16.21	750m:	12:57.29		
23.	Jaspers Lien					HZS/21213/09	14:25.00	14:08.06	180			
	50m:	42.50	200m:	3:17.25	350m:	5:59.28	500m:	8:45.12	650m:	11:30.04	800m:	14:08.06
	100m:	1:31.67	250m:	4:11.25	400m:	6:54.59	550m:	9:40.15	700m:	12:25.39		
	150m:	2:23.79	300m:	5:05.24	450m:	7:49.29	600m:	10:34.46	750m:	13:18.25		
FF	Palumbo Mila					FFDBT/21070/08	9:45.00					
FF	Petrosillo Lyana					FFDBT/21100/08	10:10.00					

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 2, Dames, 800m vrije slag

15 - 16 jaar

1. Theuwis Nelle	PZC/21011/06	10:29.39	9:38.63	568	
50m: 31.81	200m: 2:20.92	350m: 4:11.52	500m: 6:01.15	650m: 7:51.04	800m: 9:38.63
100m: 1:07.58	250m: 2:57.69	400m: 4:48.06	550m: 6:38.02	700m: 8:27.34	
150m: 1:44.34	300m: 3:34.52	450m: 5:24.43	600m: 7:14.62	750m: 9:04.15	
2. De Weerd Amélie	ZCT/21054/07	10:01.67	9:49.54	537	
50m: 33.67	200m: 2:24.07	350m: 4:15.48	500m: 6:06.87	650m: 7:59.85	800m: 9:49.54
100m: 1:10.33	250m: 3:01.06	400m: 4:52.79	550m: 6:44.42	700m: 8:37.02	
150m: 1:47.14	300m: 3:38.39	450m: 5:29.94	600m: 7:21.86	750m: 9:14.18	
3. Vanderbruggen Luca	KLSVZ/21039/C	10:05.53	9:54.73	523	
50m: 33.87	200m: 2:25.86	350m: 4:18.86	500m: 6:12.42	650m: 8:05.58	800m: 9:54.73
100m: 1:10.66	250m: 3:03.53	400m: 4:56.67	550m: 6:50.11	700m: 8:42.51	
150m: 1:48.05	300m: 3:41.09	450m: 5:34.94	600m: 7:27.95	750m: 9:19.28	
4. Klaykens Amber	HZS/21155/07	10:59.81	9:58.32	514	
50m: 33.76	200m: 2:26.43	350m: 4:21.77	500m: 6:15.75	650m: 8:09.00	800m: 9:58.32
100m: 1:10.74	250m: 3:04.67	400m: 4:59.75	550m: 6:53.56	700m: 8:45.88	
150m: 1:48.47	300m: 3:43.41	450m: 5:37.60	600m: 7:31.59	750m: 9:23.10	
5. Verhulst Lotte	STW/21123/06	9:45.61	10:11.28	482	
50m: 34.16	200m: 2:26.53	350m: 4:20.67	500m: 6:17.07	650m: 8:14.51	800m: 10:11.28
100m: 1:11.37	250m: 3:04.63	400m: 5:00.13	550m: 6:56.11	700m: 8:53.71	
150m: 1:48.82	300m: 3:42.48	450m: 5:38.19	600m: 7:35.19	750m: 9:32.88	
6. Kozulya Mila	GZVN/21089/0	11:14.33	10:15.00	473	
50m: 33.88	200m: 2:28.55	350m: 4:25.28	500m: 6:22.41	650m: 8:20.99	800m: 10:15.00
100m: 1:11.48	250m: 3:07.48	400m: 5:04.02	550m: 7:02.05	700m: 8:59.98	
150m: 1:49.87	300m: 3:46.58	450m: 5:43.33	600m: 7:41.39	750m: 9:38.60	
7. Vanoppen Margot	HZS/21063/06	11:34.13	10:42.70	414	
50m: 36.52	200m: 2:36.99	350m: 4:38.82	500m: 6:40.36	650m: 8:41.59	800m: 10:42.70
100m: 1:16.10	250m: 3:17.68	400m: 5:19.54	550m: 7:20.94	700m: 9:22.05	
150m: 1:56.46	300m: 3:58.45	450m: 5:59.86	600m: 8:01.54	750m: 10:02.68	
8. Vanderbruggen Lena	KLSVZ/21029/C	10:51.39	10:43.34	413	
50m: 35.18	200m: 2:35.98	350m: 4:37.90	500m: 6:40.73	650m: 8:43.87	800m: 10:43.34
100m: 1:14.75	250m: 3:16.69	400m: 5:19.15	550m: 7:21.91	700m: 9:24.77	
150m: 1:55.23	300m: 3:57.08	450m: 6:00.05	600m: 8:02.80	750m: 10:05.17	
9. Henot Isabelle	KLSVZ/21117/C	10:58.51	11:10.43	365	
50m: 35.63	200m: 2:38.67	350m: 4:45.35	500m: 6:55.63	650m: 9:06.67	800m: 11:10.43
100m: 1:16.28	250m: 3:20.57	400m: 5:28.18	550m: 7:39.29	700m: 9:49.43	
150m: 1:57.61	300m: 4:02.64	450m: 6:11.90	600m: 8:23.15	750m: 10:31.31	
10. Derwael Fien	STZC/21004/0	12:30.00	11:22.00	347	
50m: 37.63	200m: 2:45.57	350m: 4:53.35	500m: 7:01.88	650m: 9:12.84	800m: 11:22.00
100m: 1:20.20	250m: 3:27.82	400m: 5:35.88	550m: 7:45.44	700m: 9:56.35	
150m: 2:02.88	300m: 4:10.32	450m: 6:18.80	600m: 8:29.57	750m: 10:40.27	
11. Union Margot	ZORO/21100/0	12:15.06	12:22.55	269	
50m: 37.59	200m: 2:50.72	350m: 5:10.67	500m: 7:38.71	650m: 10:04.00	800m: 12:22.55
100m: 1:20.10	250m: 3:35.95	400m: 5:58.60	550m: 8:26.08	700m: 10:51.71	
150m: 2:05.65	300m: 4:22.59	450m: 6:48.22	600m: 9:15.65	750m: 11:39.14	

17 - 18 jaar

1. Segers Noor	PZC/21026/05	9:36.42	9:17.73	634	
50m: 30.71	200m: 2:15.68	350m: 4:02.31	500m: 5:47.76	650m: 7:33.98	800m: 9:17.73
100m: 1:05.41	250m: 2:51.23	400m: 4:37.62	550m: 6:23.16	700m: 8:09.38	
150m: 1:40.37	300m: 3:26.81	450m: 5:12.69	600m: 6:58.72	750m: 8:44.15	
2. Goovaerts Ellen	STW/21165/05	9:50.06	9:38.75	568	
50m: 31.46	200m: 2:18.26	350m: 4:07.51	500m: 5:58.66	650m: 7:50.43	800m: 9:38.75
100m: 1:05.93	250m: 2:54.52	400m: 4:44.68	550m: 6:35.88	700m: 8:27.44	
150m: 1:41.70	300m: 3:31.09	450m: 5:21.87	600m: 7:13.24	750m: 9:04.07	

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 2, Dames, 800m vrije slag, 17 - 18 jaar

Rang					Inshr.	Tijd	Pnt					
3.	Van den Wyngaert Annabel				BRABO/21187/10:08.41	9:42.87	556					
	50m:	32.42	200m:	2:18.45	350m:	4:08.81	500m:	6:00.99	650m:	7:53.35	800m:	9:42.87
	100m:	1:07.49	250m:	2:54.74	400m:	4:45.66	550m:	6:37.95	700m:	8:30.76		
	150m:	1:42.71	300m:	3:31.36	450m:	5:23.55	600m:	7:16.24	750m:	9:07.41		
4.	Broux Elise				GZVN/21015/05 9:31.05	9:43.10	555					
	50m:	31.36	200m:	2:17.66	350m:	4:06.57	500m:	5:58.11	650m:	7:51.33	800m:	9:43.10
	100m:	1:06.03	250m:	2:53.73	400m:	4:43.67	550m:	6:35.57	700m:	8:29.29		
	150m:	1:41.51	300m:	3:30.14	450m:	5:20.65	600m:	7:13.35	750m:	9:07.05		
5.	Wauters Lisa				KLSVZ/21105/C10:02.23	9:51.47	532					
	50m:	32.83	200m:	2:24.62	350m:	4:16.86	500m:	6:09.92	650m:	8:01.80	800m:	9:51.47
	100m:	1:09.29	250m:	3:01.71	400m:	4:54.37	550m:	6:47.12	700m:	8:39.74		
	150m:	1:47.21	300m:	3:39.77	450m:	5:31.82	600m:	7:24.42	750m:	9:16.31		
6.	Bijnens Ine				HZS/21059/05 10:43.28	10:15.33	472					
	50m:	34.77	200m:	2:29.92	350m:	4:28.25	500m:	6:25.87	650m:	8:22.74	800m:	10:15.33
	100m:	1:12.40	250m:	3:09.49	400m:	5:07.88	550m:	7:05.16	700m:	9:00.96		
	150m:	1:50.91	300m:	3:48.67	450m:	5:46.96	600m:	7:44.55	750m:	9:39.92		
7.	Vanlaere Renée				KLSVZ/21054/C10:39.38	10:17.99	466					
	50m:	33.74	200m:	2:28.10	350m:	4:25.16	500m:	6:24.71	650m:	8:24.12	800m:	10:17.99
	100m:	1:11.62	250m:	3:06.50	400m:	5:04.94	550m:	7:04.79	700m:	9:03.44		
	150m:	1:49.70	300m:	3:46.17	450m:	5:44.37	600m:	7:44.98	750m:	9:41.73		
8.	Willekens Sien				PZC/21079/05 11:40.00	10:53.93	393					
	50m:	37.61	200m:	2:40.60	350m:	4:44.64	500m:	6:48.47	650m:	8:51.80	800m:	10:53.93
	100m:	1:18.77	250m:	3:22.16	400m:	5:26.07	550m:	7:29.45	700m:	9:33.07		
	150m:	1:59.48	300m:	4:03.75	450m:	6:07.48	600m:	8:10.90	750m:	10:14.43		
9.	Istas Lotte				STZC/21008/0412:00.00	11:11.57	363					
	50m:	36.59	200m:	2:39.10	350m:	4:43.68	500m:	6:52.38	650m:	9:03.20	800m:	11:11.57
	100m:	1:16.74	250m:	3:20.36	400m:	5:26.08	550m:	7:36.06	700m:	9:48.20		
	150m:	1:57.72	300m:	4:01.82	450m:	6:09.05	600m:	8:19.82	750m:	10:31.49		
10.	Janssens Jelena				DDAT/21075/0411:24.98	11:19.09	351					
	50m:	37.70	200m:	2:45.31	350m:	4:52.65	500m:	7:01.86	650m:	9:12.29	800m:	11:19.09
	100m:	1:20.37	250m:	3:27.60	400m:	5:36.15	550m:	7:45.24	700m:	9:55.29		
	150m:	2:02.91	300m:	4:09.88	450m:	6:18.80	600m:	8:28.48	750m:	10:37.78		
FF	Gabriëls Sarah				FFBRABO/21032/10:01.31							

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

2 - Lange Afstanden namiddag

10/04/2022 - 14:00

Programmanr. 3
10/04/2022 - 14:00

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2021

Rang					Inscr.	Tijd	Pnt					
11 - 12 jaar												
1.	Vervloessem Frits				ZCT/11102/10	21:00.00	20:42.07	318				
	50m:	37.57	300m:	4:05.54	550m:	7:33.88	800m:	11:02.29	1050m:	14:30.23	1300m:	17:59.64
	100m:	1:18.73	350m:	4:47.24	600m:	8:15.20	850m:	11:44.41	1100m:	15:12.49	1350m:	18:41.75
	150m:	2:00.88	400m:	5:29.26	650m:	8:56.92	900m:	12:25.69	1150m:	15:53.75	1400m:	19:23.02
	200m:	2:42.30	450m:	6:10.66	700m:	9:38.67	950m:	13:07.82	1200m:	16:35.37	1450m:	20:03.36
	250m:	3:24.53	500m:	6:52.44	750m:	10:20.81	1000m:	13:49.45	1250m:	17:17.06	1500m:	20:42.07
2.	Roosen Lukas				PZC/11077/10	21:28.08	20:48.21	313				
	50m:	38.03	300m:	4:06.49	550m:	7:38.40	800m:	11:10.13	1050m:	14:43.64	1300m:	18:11.70
	100m:	1:18.72	350m:	4:48.49	600m:	8:20.32	850m:	11:52.56	1100m:	15:24.70	1350m:	18:53.27
	150m:	2:00.26	400m:	5:30.90	650m:	9:02.77	900m:	12:36.81	1150m:	16:07.12	1400m:	19:33.39
	200m:	2:42.01	450m:	6:13.10	700m:	9:44.23	950m:	13:18.92	1200m:	16:47.92	1450m:	20:13.44
	250m:	3:24.67	500m:	6:54.88	750m:	10:27.71	1000m:	14:00.96	1250m:	17:31.51	1500m:	20:48.21
3.	Vangrootloon Jef				STZC/11009/1C	24:30.00	21:09.86	297				
	50m:	36.92	300m:	4:07.98	550m:	7:41.86	800m:	11:17.40	1050m:	14:53.69	1300m:	18:26.33
	100m:	1:18.31	350m:	4:50.96	600m:	8:24.37	850m:	12:01.17	1100m:	15:36.27	1350m:	19:08.58
	150m:	2:00.57	400m:	5:33.78	650m:	9:07.53	900m:	12:44.51	1150m:	16:19.03	1400m:	19:50.32
	200m:	2:43.78	450m:	6:16.36	700m:	9:50.29	950m:	13:27.38	1200m:	17:01.70	1450m:	20:32.79
	250m:	3:25.73	500m:	6:59.19	750m:	10:33.62	1000m:	14:10.16	1250m:	17:44.00	1500m:	21:09.86
4.	Vranken Barend				DMB/11136/11	21:50.22	21:48.67	272				
	50m:	37.58	300m:	4:13.17	550m:	7:50.68	800m:	11:31.71	1050m:	15:15.83	1300m:	19:00.92
	100m:	1:19.88	350m:	4:56.05	600m:	8:34.58	850m:	12:16.72	1100m:	16:00.83	1350m:	19:45.54
	150m:	2:02.64	400m:	5:38.68	650m:	9:19.36	900m:	13:01.93	1150m:	16:45.76	1400m:	20:29.54
	200m:	2:46.08	450m:	6:23.01	700m:	10:02.83	950m:	13:47.35	1200m:	17:31.66	1450m:	21:11.91
	250m:	3:29.60	500m:	7:06.66	750m:	10:47.20	1000m:	14:31.56	1250m:	18:16.25	1500m:	21:48.67
5.	Vandepoel Quinten				STZC/11007/1C	25:30.00	21:56.99	267				
	50m:	38.87	300m:	4:20.59	550m:	8:04.42	800m:	11:47.21	1050m:	15:29.51	1300m:	19:10.32
	100m:	1:22.78	350m:	5:06.03	600m:	8:48.85	850m:	12:31.77	1100m:	16:14.03	1350m:	19:53.89
	150m:	2:07.46	400m:	5:50.36	650m:	9:33.34	900m:	13:16.37	1150m:	16:58.71	1400m:	20:37.76
	200m:	2:52.19	450m:	6:34.77	700m:	10:17.84	950m:	14:01.02	1200m:	17:42.65	1450m:	21:18.92
	250m:	3:36.34	500m:	7:19.54	750m:	11:02.16	1000m:	14:45.10	1250m:	18:26.58	1500m:	21:56.99
6.	Bergmans Mats				HZS/11194/10	26:10.00	22:04.31	262				
	50m:	41.13	300m:	4:26.75	550m:	8:13.25	800m:	11:58.13	1050m:	15:41.88	1300m:	19:21.80
	100m:	1:25.86	350m:	5:12.25	600m:	8:58.45	850m:	12:42.97	1100m:	16:26.69	1350m:	20:02.26
	150m:	2:10.95	400m:	5:57.35	650m:	9:43.76	900m:	13:28.64	1150m:	17:10.90	1400m:	20:44.40
	200m:	2:56.47	450m:	6:42.45	700m:	10:27.96	950m:	14:13.85	1200m:	17:54.93	1450m:	21:26.78
	250m:	3:41.62	500m:	7:28.07	750m:	11:12.15	1000m:	14:58.12	1250m:	18:39.39	1500m:	22:04.31
7.	Gypen Thomas				ZCT/11115/10	22:50.00	22:29.76	248				
	50m:	38.78	300m:	4:18.17	550m:	7:58.87	800m:	11:44.99	1050m:	15:35.55	1300m:	19:29.62
	100m:	1:22.12	350m:	5:02.87	600m:	8:42.32	850m:	12:31.27	1100m:	16:22.88	1350m:	20:16.60
	150m:	2:06.64	400m:	5:46.20	650m:	9:27.51	900m:	13:17.87	1150m:	17:09.75	1400m:	21:02.40
	200m:	2:50.01	450m:	6:30.53	700m:	10:13.53	950m:	14:03.98	1200m:	17:56.45	1450m:	21:46.77
	250m:	3:33.98	500m:	7:14.91	750m:	11:00.14	1000m:	14:49.48	1250m:	18:43.41	1500m:	22:29.76
8.	Ottevaere Benjamin				BRABO/11304/23	23:00.00	23:21.00	221				
	50m:	38.44	300m:	4:29.57	550m:	8:25.83	800m:	12:23.48	1050m:	16:21.41	1300m:	20:15.91
	100m:	1:22.70	350m:	5:16.12	600m:	9:13.39	850m:	13:11.06	1100m:	17:08.88	1350m:	21:02.86
	150m:	2:08.91	400m:	6:03.89	650m:	10:00.95	900m:	13:58.58	1150m:	17:56.45	1400m:	21:49.14
	200m:	2:55.78	450m:	6:51.68	700m:	10:48.61	950m:	14:46.26	1200m:	18:43.49	1450m:	22:35.80
	250m:	3:41.48	500m:	7:38.86	750m:	11:35.95	1000m:	15:33.55	1250m:	19:28.98	1500m:	23:21.00
9.	Puttaert Arthur				DDAT/11111/1C	25:40.11	24:21.50	195				
	50m:	44.35	300m:	4:48.97	550m:	8:54.70	800m:	13:00.90	1050m:	17:06.05	1300m:	21:12.10
	100m:	1:32.98	350m:	5:38.54	600m:	9:43.17	850m:	13:50.75	1100m:	17:55.07	1350m:	22:00.12
	150m:	2:21.24	400m:	6:27.44	650m:	10:31.61	900m:	14:39.95	1150m:	18:44.09	1400m:	22:48.18
	200m:	3:10.34	450m:	7:17.23	700m:	11:22.28	950m:	15:29.19	1200m:	19:33.54	1450m:	23:36.35
	250m:	4:00.63	500m:	8:05.86	750m:	12:11.51	1000m:	16:17.72	1250m:	20:22.66	1500m:	24:21.50

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 3, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang					Inschr.	Tijd	Pnt					
10.	van den Berg Jasper		PZC/11086/10		24:54.00	24:26.46	193					
	50m:	42.45	300m:	4:49.98	550m:	8:57.10	800m:	13:04.87	1050m:	17:13.23	1300m:	21:22.71
	100m:	1:30.65	350m:	5:39.77	600m:	9:46.72	850m:	13:54.47	1100m:	18:03.16	1350m:	22:11.13
	150m:	2:19.87	400m:	6:30.72	650m:	10:36.44	900m:	14:44.63	1150m:	18:53.32	1400m:	22:58.32
	200m:	3:09.48	450m:	7:18.65	700m:	11:26.65	950m:	15:34.52	1200m:	19:43.99	1450m:	23:45.87
	250m:	3:59.96	500m:	8:08.06	750m:	12:15.14	1000m:	16:23.83	1250m:	20:33.76	1500m:	24:26.46
11.	Claes Elian		DDAT/11105/1		24:15.00	24:45.27	186					
	50m:	41.84	300m:	4:50.15	550m:	9:00.35	800m:	13:10.05	1050m:	17:18.23	1300m:	21:27.50
	100m:	1:31.01	350m:	5:40.23	600m:	9:49.90	850m:	14:00.40	1100m:	18:08.51	1350m:	22:17.98
	150m:	2:20.47	400m:	6:30.40	650m:	10:39.70	900m:	14:51.15	1150m:	18:58.69	1400m:	23:07.46
	200m:	3:10.76	450m:	7:20.62	700m:	11:29.91	950m:	15:39.68	1200m:	19:48.45	1450m:	23:56.53
	250m:	4:01.08	500m:	8:11.14	750m:	12:20.04	1000m:	16:28.85	1250m:	20:37.50	1500m:	24:45.27
12.	Leyssen Warre		PZC/11082/10		26:30.00	24:46.64	185					
	50m:	40.37	300m:	4:40.18	550m:	8:52.70	800m:	13:03.49	1050m:	17:21.27	1300m:	21:35.56
	100m:	1:26.12	350m:	5:31.06	600m:	9:41.57	850m:	13:55.03	1100m:	18:11.44	1350m:	22:24.66
	150m:	2:13.33	400m:	6:20.92	650m:	10:31.64	900m:	14:45.66	1150m:	19:01.07	1400m:	23:15.03
	200m:	3:01.60	450m:	7:11.81	700m:	11:22.63	950m:	15:37.30	1200m:	19:52.78	1450m:	24:04.71
	250m:	3:50.15	500m:	8:01.94	750m:	12:13.59	1000m:	16:29.16	1250m:	20:43.59	1500m:	24:46.64
13 - 14 jaar												
1.	Van Remoortere Jasper		STW/11172/09		17:49.00	17:26.11	532					
	50m:	30.95	300m:	3:25.81	550m:	6:22.76	800m:	9:16.70	1050m:	12:14.42	1300m:	15:09.16
	100m:	1:04.96	350m:	4:01.08	600m:	6:56.75	850m:	9:52.32	1100m:	12:49.24	1350m:	15:44.05
	150m:	1:39.81	400m:	4:36.42	650m:	7:32.42	900m:	10:27.29	1150m:	13:24.01	1400m:	16:19.07
	200m:	2:14.83	450m:	5:11.40	700m:	8:07.42	950m:	11:02.90	1200m:	13:59.52	1450m:	16:53.97
	250m:	2:50.30	500m:	5:47.03	750m:	8:41.68	1000m:	11:38.46	1250m:	14:33.57	1500m:	17:26.11
2.	Jorissen Rube		GZVN/11137/0		18:15.00	17:52.41	494					
	50m:	29.92	300m:	3:24.16	550m:	6:25.73	800m:	9:28.25	1050m:	12:28.56	1300m:	15:30.69
	100m:	1:02.58	350m:	3:59.96	600m:	7:02.22	850m:	10:04.20	1100m:	13:04.61	1350m:	16:06.83
	150m:	1:37.30	400m:	4:36.68	650m:	7:38.70	900m:	10:40.33	1150m:	13:41.30	1400m:	16:43.35
	200m:	2:12.31	450m:	5:13.32	700m:	8:15.11	950m:	11:16.53	1200m:	14:17.76	1450m:	17:17.82
	250m:	2:48.38	500m:	5:49.72	750m:	8:51.47	1000m:	11:52.60	1250m:	14:54.07	1500m:	17:52.41
3.	Stox Bram		HZS/11090/08		22:14.46	18:22.20	455					
	50m:	32.76	300m:	3:37.00	550m:	6:45.76	800m:	9:54.02	1050m:	12:58.77	1300m:	16:00.12
	100m:	1:09.08	350m:	4:14.61	600m:	7:23.71	850m:	10:31.20	1100m:	13:35.25	1350m:	16:36.81
	150m:	1:45.88	400m:	4:51.98	650m:	8:01.52	900m:	11:08.61	1150m:	14:11.83	1400m:	17:12.79
	200m:	2:22.61	450m:	5:29.74	700m:	8:39.67	950m:	11:45.29	1200m:	14:48.08	1450m:	17:48.07
	250m:	2:59.68	500m:	6:07.72	750m:	9:17.23	1000m:	12:22.02	1250m:	15:24.35	1500m:	18:22.20
4.	Goethals Vince		STW/11168/09		18:34.00	18:22.62	454					
	50m:	33.53	300m:	3:40.19	550m:	6:46.49	800m:	9:52.54	1050m:	12:55.59	1300m:	15:58.89
	100m:	1:10.47	350m:	4:17.74	600m:	7:23.78	850m:	10:28.97	1100m:	13:32.08	1350m:	16:35.41
	150m:	1:47.74	400m:	4:54.92	650m:	8:00.82	900m:	11:05.62	1150m:	14:08.94	1400m:	17:11.60
	200m:	2:25.32	450m:	5:32.09	700m:	8:38.13	950m:	11:42.62	1200m:	14:45.90	1450m:	17:48.04
	250m:	3:02.61	500m:	6:09.41	750m:	9:15.21	1000m:	12:19.31	1250m:	15:22.34	1500m:	18:22.62
5.	Verhagen Robbe		STW/11180/09		18:46.00	18:40.51	433					
	50m:	33.11	300m:	3:40.12	550m:	6:49.22	800m:	9:57.97	1050m:	13:05.47	1300m:	16:11.33
	100m:	1:09.75	350m:	4:17.74	600m:	7:27.23	850m:	10:35.53	1100m:	13:42.78	1350m:	16:48.67
	150m:	1:47.53	400m:	4:55.79	650m:	8:04.76	900m:	11:13.66	1150m:	14:19.78	1400m:	17:26.41
	200m:	2:24.86	450m:	5:33.46	700m:	8:42.77	950m:	11:50.96	1200m:	14:56.75	1450m:	18:03.33
	250m:	3:02.67	500m:	6:11.43	750m:	9:20.73	1000m:	12:28.07	1250m:	15:33.84	1500m:	18:40.51
6.	Nollet Seppe		BRABO/11248/20		20:30.00	19:15.64	395					
	50m:	35.41	300m:	3:47.60	550m:	7:01.54	800m:	10:13.94	1050m:	13:28.22	1300m:	16:42.56
	100m:	1:13.34	350m:	4:26.17	600m:	7:40.01	850m:	10:52.99	1100m:	14:07.43	1350m:	17:22.29
	150m:	1:51.63	400m:	5:05.03	650m:	8:18.69	900m:	11:32.00	1150m:	14:46.39	1400m:	18:01.21
	200m:	2:30.31	450m:	5:43.63	700m:	8:57.22	950m:	12:10.87	1200m:	15:25.04	1450m:	18:39.14
	250m:	3:08.91	500m:	6:22.54	750m:	9:35.63	1000m:	12:49.78	1250m:	16:03.98	1500m:	19:15.64

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inscr.	Tijd	Pnt					
7.	Ottevaere Alexander		BRABO/11215/20:30.00			19:20.51	390					
	50m:	33.87	300m:	3:44.75	550m:	6:59.93	800m:	10:14.74	1050m:	13:28.31	1300m:	16:42.76
	100m:	1:11.13	350m:	4:23.34	600m:	7:38.83	850m:	10:53.45	1100m:	14:07.45	1350m:	17:22.01
	150m:	1:49.97	400m:	5:02.71	650m:	8:18.03	900m:	11:32.40	1150m:	14:46.30	1400m:	18:01.24
	200m:	2:27.90	450m:	5:41.58	700m:	8:57.57	950m:	12:11.04	1200m:	15:24.86	1450m:	18:40.55
	250m:	3:06.35	500m:	6:20.51	750m:	9:35.80	1000m:	12:49.93	1250m:	16:03.85	1500m:	19:20.51
8.	Pelgrims Lowie		ZCT/11073/08 19:46.59			19:22.90	387					
	50m:	35.52	300m:	3:51.36	550m:	7:08.47	800m:	10:23.84	1050m:	13:39.49	1300m:	16:53.67
	100m:	1:13.95	350m:	4:31.43	600m:	7:46.80	850m:	11:03.62	1100m:	14:18.32	1350m:	17:32.06
	150m:	1:53.31	400m:	5:09.64	650m:	8:26.75	900m:	11:42.33	1150m:	14:56.90	1400m:	18:10.21
	200m:	2:32.15	450m:	5:49.61	700m:	9:05.81	950m:	12:21.78	1200m:	15:35.55	1450m:	18:46.54
	250m:	3:12.25	500m:	6:29.03	750m:	9:45.25	1000m:	13:01.33	1250m:	16:15.20	1500m:	19:22.90
9.	Van der Borcht Floris		ZCT/11072/08 22:54.56			19:29.96	380					
	50m:	35.26	300m:	3:52.55	550m:	7:10.11	800m:	10:28.42	1050m:	13:44.14	1300m:	16:59.65
	100m:	1:14.71	350m:	4:31.94	600m:	7:50.33	850m:	11:07.79	1100m:	14:23.52	1350m:	17:38.27
	150m:	1:53.75	400m:	5:11.14	650m:	8:30.82	900m:	11:47.68	1150m:	15:03.02	1400m:	18:15.75
	200m:	2:33.02	450m:	5:50.68	700m:	9:10.24	950m:	12:26.23	1200m:	15:41.83	1450m:	18:52.93
	250m:	3:12.98	500m:	6:30.67	750m:	9:49.33	1000m:	13:04.94	1250m:	16:20.50	1500m:	19:29.96
10.	Theunissen Toon		DBT/11120/09 20:00.00			19:55.52	356					
	50m:	35.39	300m:	3:53.83	550m:	7:14.83	800m:	10:36.82	1050m:	13:58.75	1300m:	17:16.27
	100m:	1:14.79	350m:	4:33.97	600m:	7:55.23	850m:	11:17.40	1100m:	14:38.61	1350m:	17:56.61
	150m:	1:54.88	400m:	5:13.89	650m:	8:36.27	900m:	11:58.31	1150m:	15:17.39	1400m:	18:36.57
	200m:	2:34.77	450m:	5:53.93	700m:	9:15.78	950m:	12:38.43	1200m:	15:56.33	1450m:	19:16.83
	250m:	3:14.64	500m:	6:34.57	750m:	9:56.61	1000m:	13:19.12	1250m:	16:36.17	1500m:	19:55.52
11.	Moulaert Tiemo		DDAT/11130/09 19:45.00			20:08.08	345					
	50m:	34.22	300m:	3:53.83	550m:	7:17.77	800m:	10:39.83	1050m:	14:04.52	1300m:	17:29.02
	100m:	1:12.67	350m:	4:34.59	600m:	7:58.28	850m:	11:20.90	1100m:	14:43.72	1350m:	18:10.07
	150m:	1:52.21	400m:	5:14.38	650m:	8:39.23	900m:	12:01.53	1150m:	15:25.20	1400m:	18:49.90
	200m:	2:32.37	450m:	5:55.60	700m:	9:17.82	950m:	12:42.71	1200m:	16:06.67	1450m:	19:29.79
	250m:	3:13.61	500m:	6:36.45	750m:	9:58.70	1000m:	13:24.19	1250m:	16:48.12	1500m:	20:08.08
12.	Vanoppen Mathias		HZS/11151/09 23:35.00			20:54.29	309					
	50m:	38.08	300m:	4:10.73	550m:	7:46.32	800m:	11:19.65	1050m:	14:49.17	1300m:	18:14.19
	100m:	1:20.17	350m:	4:53.85	600m:	8:29.68	850m:	12:02.10	1100m:	15:30.55	1350m:	18:55.08
	150m:	2:02.68	400m:	5:36.67	650m:	9:12.33	900m:	12:43.65	1150m:	16:11.20	1400m:	19:35.91
	200m:	2:45.04	450m:	6:20.09	700m:	9:54.65	950m:	13:25.56	1200m:	16:52.37	1450m:	20:16.04
	250m:	3:27.74	500m:	7:03.23	750m:	10:37.22	1000m:	14:07.21	1250m:	17:33.46	1500m:	20:54.29
13.	Geladi Bjorn		KLSVZ/11121/C24:00.20			20:55.84	307					
	50m:	36.71	300m:	4:05.82	550m:	7:38.35	800m:	11:11.29	1050m:	14:43.99	1300m:	18:15.69
	100m:	1:17.77	350m:	4:47.56	600m:	8:21.00	850m:	11:54.08	1100m:	15:27.25	1350m:	18:57.49
	150m:	2:00.00	400m:	5:30.52	650m:	9:03.37	900m:	12:36.43	1150m:	16:08.74	1400m:	19:38.56
	200m:	2:41.84	450m:	6:13.08	700m:	9:45.69	950m:	13:18.81	1200m:	16:50.38	1450m:	20:18.42
	250m:	3:23.83	500m:	6:55.92	750m:	10:28.10	1000m:	14:01.56	1250m:	17:33.39	1500m:	20:55.84
14.	Bottone Lorenzo		HZS/11174/09 25:28.00			22:21.91	252					
	50m:	39.81	300m:	4:25.61	550m:	8:13.73	800m:	12:02.14	1050m:	15:51.01	1300m:	19:34.52
	100m:	1:24.59	350m:	5:11.78	600m:	8:59.21	850m:	12:47.83	1100m:	16:36.33	1350m:	20:18.93
	150m:	2:08.70	400m:	5:57.33	650m:	9:44.48	900m:	13:34.78	1150m:	17:21.88	1400m:	21:03.43
	200m:	2:53.82	450m:	6:41.65	700m:	10:30.15	950m:	14:20.86	1200m:	18:06.63	1450m:	21:46.78
	250m:	3:39.53	500m:	7:28.51	750m:	11:16.21	1000m:	15:05.96	1250m:	18:49.73	1500m:	22:21.91
15.	Hauben Thomas		HZS/11172/09 26:35.00			22:51.44	236					
	50m:	37.95	300m:	4:26.72	550m:	8:20.66	800m:	12:12.64	1050m:	16:04.50	1300m:	19:56.29
	100m:	1:22.17	350m:	5:13.77	600m:	9:05.90	850m:	12:59.84	1100m:	16:51.20	1350m:	20:41.35
	150m:	2:07.34	400m:	6:00.36	650m:	9:53.24	900m:	13:45.60	1150m:	17:37.69	1400m:	21:27.11
	200m:	2:53.56	450m:	6:47.79	700m:	10:40.26	950m:	14:31.55	1200m:	18:24.12	1450m:	22:09.57
	250m:	3:39.82	500m:	7:34.51	750m:	11:26.52	1000m:	15:18.11	1250m:	19:09.74	1500m:	22:51.44
16.	Janssens Jaron		DDAT/11113/09 24:30.00			24:24.81	194					
	50m:	40.54	300m:	4:45.54	550m:	8:56.48	800m:	13:03.82	1050m:	17:12.96	1300m:	21:19.66
	100m:	1:28.19	350m:	5:35.60	600m:	9:43.25	850m:	13:53.83	1100m:	18:03.47	1350m:	22:09.31
	150m:	2:18.42	400m:	6:25.11	650m:	10:31.42	900m:	14:44.51	1150m:	18:51.79	1400m:	22:57.30
	200m:	3:08.48	450m:	7:15.72	700m:	11:22.78	950m:	15:33.68	1200m:	19:40.27	1450m:	23:43.84
	250m:	3:56.34	500m:	8:05.55	750m:	12:13.41	1000m:	16:25.12	1250m:	20:29.59	1500m:	24:24.81

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt					
17.	Amazian Mohammed		BRABO/11319/24:00.00			24:49.13	184					
	50m:	41.63	300m:	4:41.41	550m:	8:49.21	800m:	13:00.87	1050m:	17:17.06	1300m:	21:35.16
	100m:	1:28.04	350m:	5:30.61	600m:	9:37.90	850m:	13:51.21	1100m:	18:08.66	1350m:	22:26.29
	150m:	2:16.37	400m:	6:20.98	650m:	10:28.75	900m:	14:43.24	1150m:	19:00.50	1400m:	23:17.37
	200m:	3:03.57	450m:	7:09.47	700m:	11:19.88	950m:	15:34.15	1200m:	19:52.60	1450m:	24:05.98
	250m:	3:52.20	500m:	7:58.53	750m:	12:09.31	1000m:	16:26.56	1250m:	20:44.73	1500m:	24:49.13

FF Eryilmaz Hasan

FFSTZC/11013/0&23:30.00

FF Vranken Bjarne

FFDMB/11134/09 22:23.20

15 - 16 jaar

1.	Kopriva Ilio		DBT/11016/06 17:02.18			16:31.67	625					
	50m:	29.44	300m:	3:15.10	550m:	6:03.60	800m:	8:49.29	1050m:	11:34.71	1300m:	14:20.98
	100m:	1:01.59	350m:	3:48.68	600m:	6:37.18	850m:	9:22.50	1100m:	12:08.16	1350m:	14:54.27
	150m:	1:34.52	400m:	4:22.22	650m:	7:10.22	900m:	9:55.53	1150m:	12:41.12	1400m:	15:27.83
	200m:	2:08.08	450m:	4:56.20	700m:	7:43.09	950m:	10:28.51	1200m:	13:14.44	1450m:	16:01.13
	250m:	2:41.62	500m:	5:30.01	750m:	8:16.42	1000m:	11:01.42	1250m:	13:47.75	1500m:	16:31.67

2.	Danhieux Tibe		ZORO/11127/016:51.62			16:41.99	606					
	50m:	28.18	300m:	3:13.75	550m:	6:02.21	800m:	8:52.49	1050m:	11:42.65	1300m:	14:30.98
	100m:	1:00.23	350m:	3:47.17	600m:	6:36.29	850m:	9:26.19	1100m:	12:16.30	1350m:	15:04.44
	150m:	1:33.40	400m:	4:20.88	650m:	7:10.30	900m:	9:59.98	1150m:	12:49.91	1400m:	15:37.66
	200m:	2:06.71	450m:	4:54.42	700m:	7:44.63	950m:	10:34.44	1200m:	13:24.17	1450m:	16:10.19
	250m:	2:39.98	500m:	5:28.37	750m:	8:18.50	1000m:	11:08.64	1250m:	13:57.74	1500m:	16:41.99

3.	Claeskens Milan		DBT/11091/06 17:40.00			17:44.59	505					
	50m:	30.65	300m:	3:23.93	550m:	6:21.14	800m:	9:20.00	1050m:	12:21.05	1300m:	15:24.32
	100m:	1:04.66	350m:	3:59.18	600m:	6:56.59	850m:	9:56.39	1100m:	12:57.84	1350m:	16:00.60
	150m:	1:39.11	400m:	4:34.30	650m:	7:32.68	900m:	10:32.90	1150m:	13:34.62	1400m:	16:36.49
	200m:	2:14.02	450m:	5:09.94	700m:	8:08.42	950m:	11:09.17	1200m:	14:11.76	1450m:	17:11.45
	250m:	2:49.20	500m:	5:45.58	750m:	8:44.09	1000m:	11:44.49	1250m:	14:48.08	1500m:	17:44.59

4.	Pouls Roderik		GZVN/11167/020:32.51			18:09.30	471					
	50m:	31.14	300m:	3:32.81	550m:	6:38.87	800m:	9:44.30	1050m:	12:49.71	1300m:	15:51.36
	100m:	1:05.88	350m:	4:10.49	600m:	7:16.22	850m:	10:21.94	1100m:	13:26.12	1350m:	16:27.02
	150m:	1:41.99	400m:	4:47.44	650m:	7:53.24	900m:	10:59.34	1150m:	14:02.73	1400m:	17:02.28
	200m:	2:18.98	450m:	5:24.88	700m:	8:30.31	950m:	11:35.85	1200m:	14:39.37	1450m:	17:37.37
	250m:	2:56.35	500m:	6:01.59	750m:	9:07.29	1000m:	12:12.77	1250m:	15:15.87	1500m:	18:09.30

5.	Hauben Sander		HZS/11153/07 21:50.16			18:22.30	455					
	50m:	33.21	300m:	3:37.84	550m:	6:45.49	800m:	9:51.01	1050m:	12:57.93	1300m:	15:59.05
	100m:	1:09.16	350m:	4:14.70	600m:	7:21.90	850m:	10:29.14	1100m:	13:32.98	1350m:	16:36.00
	150m:	1:45.65	400m:	4:51.63	650m:	7:59.50	900m:	11:06.33	1150m:	14:09.51	1400m:	17:13.03
	200m:	2:22.04	450m:	5:29.10	700m:	8:36.96	950m:	11:42.68	1200m:	14:47.18	1450m:	17:49.97
	250m:	2:59.88	500m:	6:07.81	750m:	9:14.67	1000m:	12:20.36	1250m:	15:22.61	1500m:	18:22.30

6.	Vranken Bartel		DMB/11135/07 20:22.24			18:27.95	448					
	50m:	31.44	300m:	3:40.41	550m:	6:48.40	800m:	9:56.59	1050m:	13:02.33	1300m:	16:06.32
	100m:	1:08.46	350m:	4:18.15	600m:	7:26.51	850m:	10:34.31	1100m:	13:38.81	1350m:	16:42.90
	150m:	1:46.06	400m:	4:55.89	650m:	8:03.97	900m:	11:11.47	1150m:	14:15.54	1400m:	17:19.35
	200m:	2:24.45	450m:	5:33.45	700m:	8:41.11	950m:	11:48.42	1200m:	14:52.51	1450m:	17:54.20
	250m:	3:02.33	500m:	6:10.84	750m:	9:18.90	1000m:	12:25.43	1250m:	15:29.85	1500m:	18:27.95

7.	Wauters Stef		KLSVZ/11106/C19:10.69			18:50.80	421					
	50m:	34.96	300m:	3:43.18	550m:	6:52.49	800m:	10:01.68	1050m:	13:08.99	1300m:	16:19.86
	100m:	1:11.47	350m:	4:20.87	600m:	7:30.89	850m:	10:39.70	1100m:	13:46.73	1350m:	16:58.47
	150m:	1:48.76	400m:	4:59.41	650m:	8:08.53	900m:	11:16.77	1150m:	14:25.07	1400m:	17:35.97
	200m:	2:26.76	450m:	5:37.47	700m:	8:46.71	950m:	11:53.74	1200m:	15:03.68	1450m:	18:13.73
	250m:	3:04.95	500m:	6:15.01	750m:	9:24.05	1000m:	12:31.47	1250m:	15:41.94	1500m:	18:50.80

8.	Knuts Aiko		GZVN/11272/019:59.00			19:17.53	393					
	50m:	33.62	300m:	3:51.53	550m:	7:09.17	800m:	10:25.21	1050m:	13:38.73	1300m:	16:51.45
	100m:	1:12.16	350m:	4:31.54	600m:	7:48.33	850m:	11:04.17	1100m:	14:16.81	1350m:	17:27.88
	150m:	1:51.63	400m:	5:11.28	650m:	8:28.29	900m:	11:43.07	1150m:	14:56.05	1400m:	18:05.50
	200m:	2:31.74	450m:	5:50.56	700m:	9:07.54	950m:	12:22.36	1200m:	15:34.78	1450m:	18:42.42
	250m:	3:11.35	500m:	6:30.24	750m:	9:46.74	1000m:	13:00.22	1250m:	16:13.01	1500m:	19:17.53

Lange Afstanden 2022
3500 Hasselt, 10/4/2022

Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang	Inschr.	Tijd	Pnt		
9. Kokken Simon	BRABO/11162/23:51.62	20:21.65	334		
50m: 34.14	300m: 3:59.27	550m: 7:23.84	800m: 10:49.39	1050m: 14:10.55	1300m: 17:36.78
100m: 1:15.20	350m: 4:39.78	600m: 8:05.54	850m: 11:29.19	1100m: 14:51.66	1350m: 18:18.44
150m: 1:55.78	400m: 5:20.75	650m: 8:46.59	900m: 12:08.98	1150m: 15:33.33	1400m: 19:00.59
200m: 2:36.86	450m: 6:01.62	700m: 9:28.94	950m: 12:49.81	1200m: 16:14.60	1450m: 19:43.12
250m: 3:18.22	500m: 6:43.18	750m: 10:09.64	1000m: 13:30.12	1250m: 16:55.43	1500m: 20:21.65
10. Van Opstal Jelle	KLSVZ/11110/C21:39.11	20:26.79	330		
50m: 34.89	300m: 3:56.25	550m: 7:25.66	800m: 10:54.37	1050m: 14:21.90	1300m: 17:48.74
100m: 1:13.83	350m: 4:37.80	600m: 8:07.76	850m: 11:36.14	1100m: 15:03.63	1350m: 18:29.46
150m: 1:53.64	400m: 5:19.46	650m: 8:49.68	900m: 12:17.63	1150m: 15:44.62	1400m: 19:10.35
200m: 2:34.25	450m: 6:01.49	700m: 9:31.55	950m: 12:59.10	1200m: 16:26.04	1450m: 19:50.97
250m: 3:14.89	500m: 6:43.65	750m: 10:12.86	1000m: 13:40.69	1250m: 17:07.71	1500m: 20:26.79
FF Matheyssen Vinz	FFBRABO/11188/20:19.36				
FF Nollet Robbe	FFBRABO/11088/20:17.98				

17 - 18 jaar

1. Van den Hoorn Jelle	DMB/10445/04 17:07.28	16:28.53	631		
50m: 28.74	300m: 3:12.39	550m: 5:57.49	800m: 8:43.38	1050m: 11:30.89	1300m: 14:17.78
100m: 1:00.63	350m: 3:45.29	600m: 6:31.01	850m: 9:16.79	1100m: 12:04.34	1350m: 14:51.59
150m: 1:33.32	400m: 4:17.94	650m: 7:04.20	900m: 9:50.28	1150m: 12:37.59	1400m: 15:24.89
200m: 2:06.65	450m: 4:51.22	700m: 7:37.23	950m: 10:23.68	1200m: 13:10.81	1450m: 15:57.85
250m: 2:39.29	500m: 5:24.35	750m: 8:10.25	1000m: 10:57.47	1250m: 13:44.13	1500m: 16:28.53
2. Hebb Quinten	STW/11041/05 18:50.04	18:08.65	472		
50m: 32.58	300m: 3:40.53	550m: 6:47.81	800m: 9:53.06	1050m: 12:55.55	1300m: 15:52.00
100m: 1:09.57	350m: 4:18.11	600m: 7:24.77	850m: 10:30.19	1100m: 13:30.95	1350m: 16:26.46
150m: 1:47.22	400m: 4:55.77	650m: 8:02.12	900m: 11:07.10	1150m: 14:06.45	1400m: 17:01.12
200m: 2:24.86	450m: 5:33.46	700m: 8:39.11	950m: 11:43.92	1200m: 14:41.64	1450m: 17:35.24
250m: 3:02.73	500m: 6:10.74	750m: 9:16.23	1000m: 12:20.62	1250m: 15:16.70	1500m: 18:08.65
dis De Grauwe Arne	disSTW/11147/05 18:08.72				
<i>SW 10.2 - niet de volledige afstand gezwommen</i>					

19 jaar en ouder

1. Coenen Remco	STZC/11002/0321:30.00	19:00.76	410		
50m: 33.51	300m: 3:40.73	550m: 6:51.18	800m: 10:02.92	1050m: 13:16.67	1300m: 16:30.34
100m: 1:10.87	350m: 4:18.46	600m: 7:29.88	850m: 10:41.65	1100m: 13:55.31	1350m: 17:09.06
150m: 1:48.46	400m: 4:56.20	650m: 8:07.84	900m: 11:20.14	1150m: 14:34.43	1400m: 17:48.14
200m: 2:26.00	450m: 5:34.15	700m: 8:46.08	950m: 11:58.97	1200m: 15:13.15	1450m: 18:27.00
250m: 3:02.71	500m: 6:12.51	750m: 9:24.78	1000m: 12:37.86	1250m: 15:51.85	1500m: 19:00.76